

# IMA FOCUS

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WORLD HEALTH DAY

310<sup>th</sup> State Council Meeting Notice Page No. 24-25





IMA-KSB President Speaks
On 23rd of Every month On Zoom Platform
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# Editorial;

From the Desk of Prof. Dr. S.M. Prasad

Dear esteemed IMA members,

#### !! Greetings from Editorial committee of IMA FOCUS 2024!!

During March 2024 month, most of our IMA branches were extremely vibrant with activities on world women day, world hearing day, Festival Shivarathri, State working committee meeting by the active IMA Kollegal branch and the Singing competition hosted by IMA Hassan Branch.

Now, the elections time to choose our candidates. All of you agree that we as Medical association do not belong to any political party. BUT our IMA member or their close family member, if standing for the upcoming elections make sure that we should prefer them to others irrespective to any party. Once elected we hope that they will try to maintain the dignity and decorum of our allopathy profession during their term. Also, it is our duty as citizen of India to exercise our rights and do not turn back from the electoral booths.

Also, during this month the awareness on fake doctors, the roles played the self-proclaimed doctors in various places are better tackled. As allopathy doctors, we need to more empathetic during our service to render a reasonable degree of care. As the alternative systems of medicine claimed doctors are very much communicable to the patients and use of the loop holes in the medical care to maximally utilize to become more popular and want of money. Hence we need to be aware of our emotions, to reduce the professional jealousy, unhealthy critics by one doctor to another in front of the community. We have seen this in many YouTube channels, where some doctors plan to degrade the quality of profession by using inappropriate circumstances to gain popularity in online channels. Online portal opinions spread with lightning speed. Time has come to "Protect ourselves and family as well as our Medical colleagues and family".

Emotional issues at our work places are on the rise especially post-covid. Though everyone seems to be settled, we are coming across some of our own colleague are becoming more victims of too much emotions. We cannot avoid anger or stress but learn to manage anger or stress.

#### Tips for achieving emotional balance at our work places:

- Learn to enjoy yourself at every activity of the day to day life including work, studies, communicating to people.
- Increase our sense of humor.
- Develop self-worth and self-esteem. Accept yourself with all your faults an shortcomings

- Analyze why someone else is being critical of you and try to take the remedial steps.
- Overcome helplessness and hopelessness whenever it comes. Do not succumb to defeat
- Reduce feelings of sin and guilt.
- Express emotions, do not try to please everyone.
- Ensure emotional balance with equal share of positive and negative emotions. Focus on positive aspects when things are going wrong and learn to cope with negative aspects.
- Ultimately, the more senior the positions we occupy, the greater is the need to have emotional maturity and emotional quotient.

#### "Develop and nurture your own Emotional Quotient to help others in developing theirs"

We are happy to know that there is enrolling of many life IMA members this year with the enormous effort by our IMA KSB President Dr S Srinivasa visits to many IMA local Branches, untiring efforts of our Hon State Secretary Dr Karunakara B P for encouraging the same on every day and with release of the membership drive amount in appropriate manner by our Hon Treasurer Dr Vijayasaradhi. To propagate the news of IMA KSB, myself along with our IMA Focus Secretary Dr G Siidalingappa thank all our Editorial committee members for their constant support.

Also, it is our duty to thank all President, Secretary and Treasurer of all IMA local branches in Karnataka for encouraging for more and more memberships. Now, as IMA members we need to strengthen more our excellent schemes of IMA KSB: Old KSSS scheme, New Silver Jubilee scheme, KSHS, KPPS. Formula of "more members in a group/association result into more benefits to every member" apply here also.

> **Jai Hind** Jai Karnataka **Long Live IMA**

# ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಫದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ, ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ, ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ, ಎಲ್ಲರೂ ದು:ಖದಿಂದ ಮುಕ್ಕವಾಗಿರಲಿ, ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.

ಜೈಹಿಂದ್



#### IMA PRAYFR

May everybody be happy May everybody be healthy May everybody be free from pain May everybody be free from sorrow May we be the healing cure Beyond every greed & lure

ವಂದ್ಯ

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜಕ್ಕೆ ವಂದನೆ ಸಲ್ಲಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ. ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮ್ಮ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು. ಈ ರಾಷ್ಟ್ರೀಯ ಸಂಸ್ಥೆಯ ಮಾನ್ಯತೆ ಪಡೆದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು ಅರಿಯುವ ಮೂಲಕ ಅದಕ್ಕೆ ನಮ್ಮ ನಿಷ್ಠೆಯನ್ನು ತೋರಿಸುವ ಪ್ರತಿಜ್ಞೆ ಮಾಡುತ್ತಿದ್ದೇವೆ. ದೇಶಸಮೂಹಗಳ ನಡುವೆ ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ. ಐ.ಎಂ.ಎ. ಚಿರಾಯುವಾಗಿರಲಿ



# President's Message

Prof. Dr. Srinivasa. S

#### Greetings from IMA KSB.

Hope all our esteemed members are healthy with the blessings of lord Shiva on MAHA SHIVARATRI. I hope this summer will be special to everyone and please do hydrate yourself under this scorching sun. This month March IMA Programme started with PULSE POLIO and International hearing day.

Most of the branches participated actively in pulse polio program especially paediatricians and all the ENT Surgeons contributed in International hearing day.

I am very thankful to our members who have involved very actively in such a noble work.

Our National IMA PRESIDENT D.rR.V.Asokan visited, Bangalore and attended the Graduation day at BGS Global Medical College, I had the opportunity to be with him as a Guest of Honour. Honourable National President visited IMA KSB Office and accepted our token of appreciation and Felicitation, He also visited IMA Bangalore branch.

National president addressed everyone with his kind words and gave his suggestions and guided our young budding doctors at BGS.

IMA KSB President visit program was there at Ramanagar IMA Branch on 09.03.2024 at 2pm, program went smoothly.

We had SWC meeting on 10/3/2024 at Kollegal, on the same day morning we also had building committee meeting.

In SWC Meeting we have taken few important decisions about Health manifesto. We have requested all SWC members to spread the health manifesto concepts to all politicians by joining the local branch presidents and secretaries. I express my gratitude to Dr.M.N.Rajagopal Setty senior Vice president who hosted SWC meet at Kollegal, I am grateful to President and secretary of Kollegal IMA

branch for their unforgettable hospitality.

State council meeting has been allocated to be hosted at Badravathi IMA Branch, probable date will be on 28/4/2024.

I should appreciate and express my gratitude to Hassan IMA branch for conducting an excellent state level SWARANJALI singing competition in association with Hassan institute of medical sciences. It has come out very well. I also complement Dr.H.R.Devadas, Dr Dinesh Byregowda.and Dr Ashok Dean & Director of HIMS. I am very much thrilled to acknowledge the wonderful hospitality given by Dr Ashok.

Dr.Honnegowda sir was a great support system for this program, also my complements to Dr Kiran and Dr Swetha for their immense talents.

I should complement Dr Shreedhar kurudugi, chairman, Hospital development committee who is doing good job in fixing the charges of CGHS. Dr Pavan our vice president has also supported us in this work.

I love like to express my thanks to our beloved State secretary for his timely interventions and expert work which made my work very easy.

I should express my regards about sub committee's chairmen's work especially Dr Veena.N, Dr Padmaprakash, Dr Geetha J.Doppa, and my assistant secretary Dr Mohan Kumar.M for his great role in IMA KSB Activities.

I should complement the tremendous contribution from IMA focus committee under the leadership of Dr Prasad.

I request all the presidents and secretaries of all the local branches to collect the GST amount from all your branch members and send to IMA KSB. This is my sincere request.

This April 13 and 14 we have got CWC meeting at Chennai, request all the regular CWC members to participate actively in the proceedings.

**LONG LIVE IMA** 



# Secretary's Message

Dr. Karunakara B.P.

Dear all,

#### Greetings from the IMA KSB!

In the month of IMA KSB had a month full of activities; SWC meeting, Woman's day celebrations, Swaranjali and so on. Starting with International woman's day celebrations and capping with a hugely successful Swaranjali- singing competition for the members at Hassan.

International WOMANS day celebrations: IMA KSB wished all its members on the occasion. As the day was also MAHASHIVARATRI, members were wished on festive occasion. Women doctors wing organised a webinar on the occasion. The meeting was a well scheduled one with detailed function which included IMA prayer, President address, invocation followed by a talk on Heath care begins with self-care by the chairman of the subcommittee Dr. Soumyamani followed by wonderful discussion by the learned members.

874th SWC meeting at Kollegala: A productive meeting happened on 10/3/24 at IMA Hall, hosted the IMA Kollegala. An extensive discussion happened on GST payment and related issues, various works of building committee, Karnataka Medical Journal and Focus, legal issue and the progress made on various front, and many more issues. Dr. Yogananda Reddy, chairman of legal cell elaborated the works in progress to bring useful modifications to the existing health and profession related laws. There was a detailed discussion on treasurer's report, Kannada Vaidya Barahagarara Samithi and about hosting next Kannada

Sammelana at Belagavi and advised to do it with local IMA branch. President updated on state President and secretaries meeting held at Delhi headquarters and a brief note on CWC meeting held at Trivandrum was presented. As per the directions of IMA HQ, leadership and health manifesto was presented to the house. Dr. Pavan Patil highlighted the importance and need for reaching out to the prospective candidates cutting across the party line, before the upcoming parliamentary elections, so that the importance of health related issues reach to the wider section of the law makers and also to the public, which can positively impact the policy and decision making.

**Building committee meeting:** Held on 10/3/24 at Kollegala, was chaired by the Chairman Dr. Krishnegowda, discussed urgent and important issues and took decisions to address them. The meeting decided to increase the rent of Canteen, Surgical society/osteomates, substantially increase the rent of the library run by the surgical society Trust, add up the GST amount, fabrication work to reduce the noise and sound disturbance to the students studying in the ground floor library from the adjacent portion and Club property tax revision. A novel proposal to make energy independence with adaptation of the solar facility, proposed by the KPPS was also discussed and agreed to go ahead with feasibility study and submit the report. This will expected to meet the entire electricity requirement and help in energy independence over the next 1-2 decades. The KPPS will bear the entire cost cost of the project and the KSB is supposed to reimburse the monthly electricity bill equivalent amount every month till the complete payment. This will help save the environment besides saving good amount on the ever increasing electricity bill.

Swaranjali-Music competition for the members and their families at Hassan was a huge success! More than 150 doctors across the age group competing was a glimpse to the talent among doctors! The glittering stage, performance and functions on a wonderful Hassan Medical College auditorium will be a lingering memory for time to come. IMA Hassan deserves all the praise and the accolades for Organising such an event. The event was judged by the eminent artists and graced by the huge crowd of spectators including the senior members of the branch, students and the public. Sincere thanks to Director, Hassan Institute of Medical Sciences for providing the venue and all the logistical support and encouragement.

**GST:** The seriousness of the issue was discussed in the state working committee. It was decided that all branches should take appropriate measures to mobilise the members to pay their contribution.

IMA KSB Hospital Board subcommittee: The subcommittee is working seriously on various issues related to the profession. The issue of hospital tariff for various services was on the center stage with Supreme Court nudging the government to come out with the guidelines and cautioning of itself going ahead with uniform guidelines unless the government acts fast to the decision to of introducing cashless services. The national Hospital board committee came out with its observation and the guidelines. It had objected to the government initiative of cashless, which could affect the service providers across the country and seriously jeopardize the survival of smaller healthcare facilities. Accordingly various steps have been taken to address the issues.

The committee, in association with the other sister organizations is preparing the disease / procedure specific tariff list to provide to the

government of Karnataka towards Government employees Arogya Sanjeevini scheme.

**President monthly talk:** President recollected the various important events happened over the month and discussed. Members actively participated and contributed to the discussion and decision making.

**Membership drive:** Nearly 1000 hundred new members utilized the offer. We sincerely appreciate the efforts put in by the committee and the members.

Public health committee is very enthusiastically organizing zoom meetings with wonderful topics and speakers. The programs have been well appreciated with enthusiastic participation. We had the honor of honorable MLA from Sullia participating in the program on the occasion of International Women's day celebrations was a very special moment.

IMA KSB Kannada Barahagarara Balaga is going strong with regular weekly webinar activities and well appreciated.

World Glaucoma day celebrations was held by many branches with screening, public health lectures and more.

World TB day was celebrated by few of the branches, highlighting the efforts by the government to eradicate the disease. Various other activities were like Down syndrome day and others were observed by the specialty associations.

In April. We are looking forward to the state council meeting at Bhadravati on 28/4/24, for a detailed discussion on various important issues and ratification. Looking forward to an active participation by the council members.

"Stand alone when it is to your benefit, with others when it is to your advantage, and with everyone when it is to your empowerment."

Jai Hind! Jai Karnataka! Long live IMA!



# **INDIAN MEDICAL ASSOCIATION (R)**

### KARNATAKA STATE BRANCH

# **IMA Health Manifesto - 2024**

This document is the the modified brief document on Charter of demands and health manifesto of the detailed and elaborate document of Indian Medical Association Head Quarters, New Delhi. This is to make the document easy to read and understand the IMA's Vision, needs and priorities with respect to the healthcare and healthcare providers of the country.

The document highlights the importance of the Universal Health Care and its impact on the health of the nation on a priority basis. It also highlights the importance of the Indian Medical Service, Health finance, Drug quality issues, Antibiotics resistance and many more.

This document is a quick reference for the elected representatives on healthcare and healthcare providers issues and help in wider discussions on policy making on health care.

IMA Karnataka wishes you best of luck in the parliamentary elections!

Simram

Prof. Dr. Srinivas S., President

Dr. Karunakara B.P., Hon state Secretary

## **CHARTER OF DEMANDS & HEALTH MANIFESTO**

#### **POLITICAL LIAISONING:**

In a Parliamentary democracy the only way to raise our concerns is to sensitise the common man and create a public opinion. Health of the nation deserves to be an important election issue and IMA strives to streamline its concerns into a Health Manifesto. IMA rededicates itself to the health of our people and to work with the Government to achieve affordable Universal Health Care for everyone.

#### **CHARTER OF DEMANDS:**

- 1. Maintain the purity of modern medicine. Every system of medicine has its profile and history. Integrative medicine is a threat to patient care and safety. It is a Health catastrophe in waiting. A cafeteria approach with the patients having the right to choose is the only acceptable solution.
- 2. 23 State Hospital protection laws have not brought solace to doctors against violence. Deterrent Central Law incorporating the amendments of Epidemic Diseases Act 1897 including all forms of violence against doctors and the hospitals is the first step in the right direction.
- 3. Exempt small and medium hospitals upto 50 beds and clinics from The Clinical Establishments (Registration and Regulation) Act, 2010.
- 4. GST on Health is a taxation on illness. Taxing the sick for falling ill is illegitimate.
- 5. There is no criminal intent in any treatment procedure. Criminal prosecution of doctors is self-defeating. Defensive medicine affects patient care and the cost.
- 6. Renaming the patient as a consumer and the doctor as a provider has taken away the sanctity in Doctor-Patient relationship. Civil law and TORTS can handle litigations for compensation.

- 7. Onus of protection of the girl child in the womb lies with the Governments. The harassment meted out in the name of PC-PNDT Act should stop. Similarly, it is not clear why the identity and confidentiality of the patient is sacrosanct under the MTP Act and not under the POCSO Act. The collateral damage to the doctor for non-information is an injustice.
- 8. Restrict Ayushman Bharat-PMJAY to strategic purchase from the private sector alone.
- 9. Conducting a licensing exam for Indian medical students graduating from Indian medical colleges is an admission to failure of the system of our medical education. Moreover, it is not clear how an exam can judge basic licensing to practice as well as select meritorious candidates for post graduate studies simultaneously.
- 10. Increase the number of posts of Medical Officers across the country commensurate with the population.

# HEALTH MANIFESTO IMA'S CONCERNS IN HEALTH AND POLICY DECISIONS

#### **UNIVERSAL HEALTH CARE (UHC):**

- UHC IS AN ENTITLEMENT TO HEALTH SECURITY
- STATE HAS AN OBLIGATION TO PROVIDE MEDICAL CARE AND TO ADDRESS
- SOCIAL DETERMINANTS OF HEALTH
- EVERY CITIZEN SHOULD BE ENTITLED FOR A BASIC HEALTH PACKAGE
- SUPPLEMENTED WITH STRATEGIC PURCHASE FROM PRIVATE SECTOR

#### **HEALTH FINANCING:**

- HEALTH FINANCING SHOULD BE TAX BASED AND NOT INSURANCE BASED
- MINIMUM ALLOCATION FOR HEALTH ALONE SHOULD BE 2.5% OF GDP AND
- HEALTH SPENDING SHOULD BE MORE THAN 5% OF GDP.
- OUT OF POCKET EXPENDITURE TO BE REDUCED TO BELOW 33%

#### **ANTIMICROBIAL RESISTANCE:**

- AMR IS EMERGING AS A MAJOR THREAT IN COMMUNICABLE DISEASES
- RESPONSIBLE USE OF ANTIBIOTICS AND PREVENTING MISUSE, OVERUSE AND
- INAPROPRIATE USE ARE KEY TO PREVENTION
- IMA CAN PLAY A PIVOTAL ROLE IN AMR AWARENESS, TRAINING, CAPACITY
- BUILDING, SURVEILLANCE AND RESEARCH ON AMR.

#### **QUALITY OF DRUGS AND RELATED ISSUES:**

- POOR REGULATORY SYSTEM WITH INADEQUATE DRUG CONTROL
- DEPARTMENTS, SHORTAGE OF DRUG INSPECTORS, NON UNIFORMITY OF ENVIRONMENT, NON EXISTENT DATA BANK ETC.
- LACK OF ADEQUATE QUALITY CHECKS
- GST OF 5-18% OF DRUGS CONTRIBUTE TO SUBSTANTIAL PORTION OF OUT OF POCKET EXPENDITURE
- ONE DRUG ONE PRICE NORM TO BE INTRODUCED

Prof. Dr. Srinivas S., President

Dr. Karunakara B.P., Hon state Secretary

# BRANCH ACTIVITIES

Branch : Ballari

President : Dr. Srinivasulu.D Secretary : Dr. Raghavendra



On 08.03.2024 International Women's Day was celebrated. inspired the society to understand and value women's inclusion, we can forge a better world. On 12/03/2024, IMA Ballari in association with Ballari District Ophthalmologist's association and The Department of Ophthalmology, VIMS Ballari conducted Glaucoma Awareness Walkathon across the major streets of Ballari City and created awareness among the public on early identification and prevention of Glaucoma related Blindness. 3. On 21 Mrach 2024, IMA Ballari Celebrated World Down Syndrome Day and conducted special CME on Down syndrome with special emphasis on Clinicians Perspective and Evolution of Screening tests Dr. Vishwanath B, Professor and HOD Dept of Paediatrics, VIMS Ballari and Dr. Rashmi Aravind Patel, Fetal medicine specialist at Ballari Fetal Medicine Center, Ballari were the invited guest faculty. 4. On 24/03/2024, IMA Ballari and Ballari District Administration Celebrated World TB Day to encourage all those health care workers from both Government and Private sectors involved in identification, diagnosis, prevention and treatment of the Tuberculosis with the them of "Yes we can End TB".

Branch : Belgaum
President : Dr.R.B.Anagol
Secretary : Dr.Sushruth Kamoji

On 06.03.2024 6th working committee meeting was held and 58 members attended. On 10.03.2024 Women's Day was celebrated along with WDW. Guest speaker Dr.Arathi Bhandari, Environmental Activist and Mrs.Smita Savaskar, Judge, Family Court, Mumbai.. On 16.03.2024 Clinical meeting panel discussion on oral cancer, Breast Cancer and Cervical Cancer. The speakers were from Kolhapur Cancer Center. A total of 8 speakers attended and event was attended by 104 members. On 24.03.2024 World TB Day was observed. Dr.Gururaj Udchankar, Pulmonologist



has given a talk for awareness in Belgaum Social Media.

Branch : Bengaluru

President : Dr.L.Madhushankar Secretary : Dr.Mohankumar.M



On 22nd February 2024: Awareness on parenting teens given to around 60 ladies at Srirampuram slum by Dr. Vimochana and Dr. K Sathyavathi. It was an interactive session with active participation from the general public. General Health care with HB testing BP and GRBS Screening was also done. 3 Ladies were found to be moderately anemic and was started on treatment. On 7th March 2024: IMA Bangalore Branch 6th EC meeting was held on 7th March 2024. Dr. Vijayanand Vice President, Dr. Mohan Kumar M Hon. Secretary and other office bearers attended the meeting held at IMA House, IMA Circle Alur Venkata Rao Road, Chamarajpet Bangalore-560018. On 8th March 2024: IMA Bangalore Branch women's wing Doctors celebrated Women's Day at Trust well Hospital Bangalore. Dr. Anusuya S WDW Chairperson and Dr. Hemalatha B C WDW Secretary, Dr. Mamatha M, Dr. Sathyavathi K and Dr. Rajasree M B were present. On 12th March 2024: IMA Bangalore Branch women's ladies wing Health checkup and Cancer awareness program at Wilson Garden maternity Hospital with Association with WDW IMA BB FPAI present by Dr. Anusuya S WDW Chairman and Secretary Dr. Hemalatha B C. On 17th March 2024: IMA

Bangalore Branch women's ladies wing celebrated Glaucoma week. On 17th March 2024: 4th Public Health Guest Lecture (PHGL) was conducted by IMA Bangalore Branch in association with Cardiological Society of India-Bangalore Branch and Medical Education & Research Trust, Bangalore at the IMA Auditorium, IMA House Bangalore at 4. 30PM. This program was attended by 69 persons, under the leadership Dr. Mohan Kumar M, Hon. Secretary IMA Bangalore Branch Mamatha M, PHGL Chairman Dr. Venkatachalapathy A S Co-Chairman and Treasurer Dr. Anantharamaiah, T Dr. Anusuya S, Dr. H G Suresh EC member were present. Number of speakers: 2. 1.Dr. C B Patil Interventional Cardiologist Shankar Cancer Hospital Shankarpura Bangalore gave a talk on "Chest pain & heart attack treatment". 2.Dr. Asha Benakappa FIAP, MD, DNB, DCH, AHLMC, DHHM Professor and HOD Paediatrics Dr. Chandramma Dayanand Sagar Institute of Medical Science and Research Devaraggalahalli harohalli Kanakapura Road, Ramanagar Bangalore. gave a talk on "We are eating wrong all the time". Dr. Mohan Kumar M Hon. Secretary felicitated both the speakers with a Memento and Certificate, Dr. Mohan Kumar M told Dr. C B Patil was my teacher during my MD. General Medicine course in Mysore Medical College from 1998 to 2001. Every Saturday: IMA Bangalore Branch is conducting Free Medical checkup Camp in association with TTD Vyalikaval, Lions Club, Manipal Hospital, Miller's Road and Srinivasa Health Care at TTD, Vyalikaval,100 People attended the camp. Screened for Diabetes & Cardiac camp at TTD Devastanam Bangalore Lions club.

Branch : Bengaluru North President : Dr.Sridhar.G

Secretary: Dr.Sathish Ramanna.K.S



IMA Bengaluru North branch in association with Sri Shankara Cancer Hospital organized CME Program on 15th March 2024 at IMA Bhavan. Topics: (1). "Breaking barriers: Modern paradigm in Head and Neck surgical Oncology" by Dr Karthik. N. Rao, Consultant Head and neck Oncology. (2). "Management of differentiated Thyroid cancer" by Dr Sasi Mouli, Consultant Surgical Oncology. (3). "Approach to Pediatric Pancytopaenia" by Dr Shashank Bhojaraj, Associate Consultant, Pediatric Oncology.

Branch : Bhadravathi
President : Dr. R.C.Bengaluru
Secretary : Dr. Sushith Shetty.S



IMA Bhadravathi conducted a school student medical examination program at Poorna Prajna Education Centre, Bhadravathi, which extended for a week in February 2024. All members of IMA Bhadravathi actively participated in the initiative. Dr. Srinivas S, the President of IMA-KSB, along with the office bearers, visited our branch on February 24th, 2024. The State President highlighted the activities of the State branch and urged collaboration with various schemes & initiatives. Dr. R C Bangalore, the President of IMA Bhadravathi, warmly welcomed the guests. Dr. Arun G S, the Past Secretary of IMA Bhadravathi, presented the report, and Dr. Sushith, the Honorary Secretary of IMA Bhadravathi, delivered the vote of thanks. Following the decision of the IMA KSB 874th State Working Committee meeting held on March 10th, 2024, at IMA Hall, Kollegala, IMA Bhadravathi has been tasked with conducting the IMA KSB State Council meeting on Sunday, April 28th, 2024, from 9 am to 3 pm. Preparations for the meeting are underway.

Branch : Chikkodi

President : Dr.Darshan Poojari Secretary : Dr.Sandya Patil



On 3rd March, IMA Chikodi took active participation in National Pulse Polio Immunization Programme. After inauguration, President Dr.Darshan Pujari and Secretary Dr. Rajendra Dixit distribution food packets to all the staff involved in the programme. 'Women's Day celebration' at IMA Chikodi. Dr Sushma Yalagachi successful conducted 'Fit Vision' one month walking event for women aged 25 yrs and above, category wise. More than 60 women participated. Special app was designed. Along with walking, participants were encouraged to capture the beauty of nature. Concluding function was arranged on 10th March. Cash prize, certificates, medals were given to winners. This unique event, may be first of its kind in Karnataka, promoted health awareness and fitness among women.

Branch : Chitradurga President : Dr. P.T Vijaykumar Secretary : Dr. Basavaraj.K.M



CME Program conducted on 15.03.2024. In association with Justice K S Hegde Charitable Hospital Mangalore Dr. Praveen Kumar.R Bhat was delivered excellent topic on "ROLE OF SURGERY IN CHRONIC GERD" and Dr. Vinay Kumar J. Rajendra spoken topic on "GLOBAL EPIDEMIC OF CANCER. EARLY DIAGNOSIS SAVES LIFE. CHARITY BEGINS WITH HOME" and given excellent take home messages on Brest cancer & mouth cancer. With kind regards, Yours Sincerely President Secretary.

Branch : Dharwad
President : Dr.Sathish Irkal
Secretary : Dr.Kiran Kulkarni



On 02.03.2024 CME Programme was conducted at IMA Hall. Topics: (1). "Financial Planning & its Risks and Investment plan for next 10 years" by Mr. Piyush Jain,

Financial Consultant & CEO of Lardco Crest Wealth, Bengaluru. (2). "Cyber Frauds Impaeting Medical Fraternity" by Dr.Srinivas Kulkarni, Phd. More than 60 members attended the meeting and thanks to all of them for making the event successful. Thanks to Dr. Suhas for wonderful MOC. Dr. Navin, Dr. Vani and Dr. Kiran Kulkarni for introducing the Guests. Special thanks to Our senior member of the month Dr. Suresh Halsangimath for sharing his views. \*Felicitated\* 1) Dr.Jagadish Niradi for runne rup trophy in IMA state level Tennis, 2) Dr.Bhavana Malhotra for winning 1st Runner up in the Pageant Medi Queen Bharat International Beauty Contest conducted at Pune, 3) Dr. Sharayu Tavergeri for organizing Health Checkup camp. Congratulations to Lucky Draw winner - Our new Member Dr. Kiran Honnannavar. Pulse Polio Immunisation programme was jointly conducted by District Administration, IMA Dharwad, Rotary Club, Lions Club of Dharwad on 4th - 5th March. On 10.03.2024 \*HPV Screening Camp for Women Doctors\* On eve of International Women's Day, we are conducting a HPV Screening Camp for all members of WDW Dharwad & IMA Ladies Wing. \*Date\*: Sunday, 10th March \*Time\*: 10 am to 2 pm \*Venue\*: Vithal Children's Hospital, Dharwad We will start the program at sharp 10 am with breakfast and a talk on Prevention of Cervical Cancer by Dr. Rama Desai. Dr. Sheetal Kulgod & Dr. Rama Desai from Hubli will be part of the Screening Camp. Request you all to participate and get yourself screened for HPV on this occasion. On 09.03.2024 PC PNDT Workshop at SDM Super speciality seminar hall. Nicely organized by District Health Dept, IMA Dharwad President Dr Satish along with Dr Kumbar Shivakumar attended the programme. On 16.03.2024 District Health and Family Welfare Department, District Mental Health Program department and IMA Dharwad organized competitions for shreeva college students on 16/03/2024 with on theme Technology & Treatment of Mental Health in future. On this occassion dignitaries were present Dr Kalsoormath DLO, Dr.Raghvendra patil DMHP, Dr.satish irkak President IMA & secretary of shreeya college, Dr Rhoda Jesuraj principal shreeya college. Other staffs of shreeya college & DMHP & DH&FW. Dr.Bhavana Malhotra for winning 1st Runner up in the Pageant Medi Queen Bharat International Beauty Contest conducted at Pune. Dr. Jagadish Niradi for winning Runners up in 50-60 doubles in State IMA Tennis Tournament held at Shivamogga. Dr Shivakumar Kumbar appointed as active officer for south India Masonic lodge. Dr Kiran Kulkarni, Secretary IMA Dharwad & Consultant in Sports Medicine was appointed as the Medical & Doping Control Officer for the Asian Cup Qatar in the month of Jan-Feb and is the only Dr from South India to be appointed for this prestigious games.

Branch : Hubli

President: Dr.Venkatesh S. Mulimani Secretary: Dr.Anand V.Varma

On 23rd February 2024: The 4th Managing Committee



meeting of IMA Hubballi branch for the year 2023-2024 was held at IMA House, Hubballi. Around 48 members attended the meeting. On 25th February 2024: Hubballi fitness club in association with IMA Hubballi branch & IMA WDW supported in creating awareness organized by Organization for Rare Diseases (ORD) on rare diseases by walking/running 7 kms in Hubballi. Hubballi was one of the 12 cities in the entire country in supporting ORD, a registered organization for rare diseases. President Dr Venkatesh Mulimani, Dr S.P.Baligar, Dr Jayshree Baligar, Dr G.C.Patil, Dr Arun Yalmali, Dr Maheshkumar, Dr Manjunath Nekar, Dr Girish Balikai, Dr Rudresh and other members participated. On 3rd March 2024: Asha Diabetic Trust in association with IMA Hubballi, Sattur Heart Care, Majethia Foundation, Karnataka Gymkhana Association and Rotary Club organised Exercises for Healthy Heart for men & women between 25 years to 60 years of age. They also organised Free Health Check-up camp. Dr G.B.Sattur and Dr Ameet Sattur educated the participants on importance of exercising and life style. President Dr Venkatesh Mulimani, Dr V.B.Nitali, Dr Bheemayya and other members participated. Around 300 people participated in the program. On 9th March 2024: IMA Hubballi branch in association with IMA WDW Hubballi, National Service Scheme and KLE Technological University observed International Women's Day & conducted a Health Awareness Talk by Dr Chandan Kamath, Consultant Endocrinologist, Hubballi at SMSR Seminar Hall, BVB College Campus, Vidyanagar, Hubballi. Around 150 students participated in the program. IMA WDW Chairperson Dr Bharati Bahvikatti, Secretary IMA WDW Dr Asha Patil, Treasurer IMA WDW Dr Shilpa Chatni, Dr Shahsikala Hosamani, Dr Jayshree Baligar and Dr Kanchana U.T. were present. On 9th March 2024: IMA Hubballi branch in association with IMA WDW Hubballi, National Service Scheme and KLE Technological University observed International Women's Day & organized a Health Check Up camp for girl students at BVB College Campus, Vidyanagar, Hubballi. Around 200 students were examined and advised. IMA WDW Chairperson Dr Bharati Bahvikatti, Secretary IMA WDW Dr Asha Patil, Treasurer IMA WDW Dr Shilpa Chatni, Dr Shahsikala Hosamani, Dr Jayshree Baligar and Dr Kanchana U.T. participated in the camp. On 12th March 2024: The 5th Monthly meeting of IMA Hubballi

branch for the year 2023-2024 was held at Denissons Hotel, Hubballi. Around 120 members attended the meeting. On 12th March 2024: IMA Hubballi Monthly CME was held at Denissons Hotel, Hubballi. Dr Srividya G. S. Paediatric Neurologist, Hubballi spoke on KIDDIE COGS -Understanding the wheels of Paediatric Neurology, Dr Akshay Konnur, Neurologist, Hubballi spoke on SEIZURE SAGA - Unravelling autoimmune encephalitis and Dr Bhushan Gramopadhye, Neurologist Hubballi spoke on Conundrums In Neurology. Around 150 members attended the CME. On 16th March 2024: IMA Hubballi Branch in association with Saksham Trust, Uttar Karnataka Pranta Hubballi and Jayapriya Medical Foundation observed World Glaucoma Week & a organized an Awareness Talk on Glaucoma at KIMS Nursing College, Hubballi by Dr Kinjal Porwal, Consultant Ophthalmologist, Hubballi. Around 100 Nursing students participated. Dr Subhas Babruwad, IMA Secretary - Dr Anand Varma, Dr Sunil Gokhale & others attended the program. On 20th March 2024: IMA Hubballi Branch in association with Jayapriya Medical Foundation observed World Glaucoma Week & organized a Glaucoma Screening Camp for public at Jayapriya Eye Hospital, Hubballi. Around 80 people were screened & advised.

Branch : Jamkhandi President : Dr.H.G.Daddi Secretary : Dr.V.S.Biradar



On 25/02/2024 Health awareness talk for the members of Govt. retired employees association of Badami Taluka. On 03/03/2024 Members participated in Pulse Polio Programme. 08/03/2024 Participation in 'Maha Shivaratri' Festival at local Bramhakumaris Ashram. On 12/03/2024 Health awareness for local college students.

Branch : Karwar

President : Dr.(Capt.).Suresh Bhat Secretary : Dr.Sharad Kolvekar

On 23.03.2024 CME Programme was conducted at Hotel premier residency. Two doctors from K.S.Hegde Medical Academy came as speakers. Dr.Basavaraj, cardiologist spoke about "MI in young people". Dr Vikram Shetty spoke about "Mysterious cases in his practice". About 55 doctors attended the cme. Ima Karwar along



with Karwar bicycle club held a bicycle rally on 10th March to celebrate women's day. Achievers were felicitated. About 600 people participated. On 02.03.2024 CME Programme was conducted. at Hotel Premier Karwar. Topic "GERD Overview and management" by Dr Laxmikant desai, Consultant gastro enterologist, Hubballi. About 40 doctors attended.

Branch : Koppa

President: Dr.Anitha N. Rao Secretary: Dr.Sania Sabahi



On 29th February 2024 CME was conducted by Sahyadri Narayana Multi-speciality hospital Shimoga. Dr Praveen Kumar Surgeon, talked on Laser Haemorrhoidoplasty and Dr Prabhulinga Konnur, Senior Urologist talked on Bladder cancer. Attended by 70 doctors in and around Koppa. Paid homage to Dr Deepak M Orthopaedician who expired in an accident. On 06/03/2024 ~ Vasthurakshojna homa and Pooja was conducted at our newly constructed IMA building, Ammadi Koppa. Attended by all Allopathic, Ayurvedic doctors and their family members of Koppa, NR Pura and Sringeri Taluks. On 03/03/2024 Pulse polio program at MSDM government hospital was attended by our IMA doctors. 04/03/2024 - On the eve of Silver Jubilee program of Kowrigudda Government School, ನಲಿ-ಕಲಿ classroom was painted with informative drawings for school children for which Rs 25000/ was donated. On 05/03/2024 Koppa Marathon was sponsored and attended by our IMA doctors. On 12/03/2024 Women's day was celebrated by

conducting workshop on "Yoga, food and lifestyle for Pregnant women to have normal labour " by renowned obstetrician Dr Veena Bhat Bhadravathi in the morning session. Afternoon at 3pm Seminar on Women's health was conducted at IMA hall by Dr Veena Bhat. More than 100 women participated. Both events were sponsored by Adarsh hospital Koppa. Donated Rs 25000/ for classroom painting of Kowrigudda Government School Koppa.

Branch : Kumta

President : Dr.Vishwas Naik Secretary : Dr.Naveen



IMA KUMTA in association with IMA HONNAVAR and VIHAAN hospital Hubli, conducted arranged an CME programme on CURRENT DILEMMA IN CABG BY DR NAGESH V AND INTERVENTION IN PEDIATRIC CARDIOLOGY BY DR ARUN K BABLESHWAR at IMA blood bank hall Kumta on 2nd of march 2024. IMA members of kumta and honnavar branch attended the meeting.

Branch : Kundapur

President : Dr.Pramila Nayak Secretary : Dr.Mahima Acharya



CME on 'Insulin Therapy: A Practical Approach' was conducted by IMA Kundapura Branch on 23.03.24. Dr Himamshu Acharya, Consultant Endocrinologist, Dr N R Acharya Memorial Hospital, Koteshwara, Kundapura delivered the guest lecture in the CME.

Branch : Mangaluru President : Dr.Ranjan.R.K. Secretary : Dr.Avin B.R.Alva



Indian Medical Association Mangaluru branch, Youth Red Cross, Mangalore University, Indian Red Cross Society, D K Branch, , Govt. Wenlock District Hospital, D K jointly organized 'World Cancer day - 2024" on 4th February 2024 at Ravindra Kala Bhavana, University College Mangaluru. The Chief Guest of the function was Dr. Ranjan R K, President IMA Mangaluru, CA Shantharam Shetty, Chairman, Indian Red Cross Society, D K Branch, Dr. Amritha Bhandary, Professor Dept. of OBG, A J Institute of Medical Sciences Mangaluru, Dr. Annayya Kulal Ulthuru, Past President, IMA Mangaluru Branch, and Chief of Palliative Care, Govt. Wenlock District Hospital Mangalore, Mr.Mohan Shetty, Blood Bank Incharge, Indian Red Cross Society, D K Branch. Dr.Gayathri N, Youth Red Cross Nodal officer, Mangalore University welcomed the Chief Guests and gathering. "World Cancer day - 2024" Inaugural speech was given by Dr. Ranjan R K, President, IMA Mangaluru Branch. CA Shantharam Shetty, Chairman, Indian Red Cross Society, D K Branch, addressed the gathering regarding World Cancer day. Dr. Amritha Bhandary, Professor Dept. of OBG, A J institute of Medical Sciences Mangaluru, gave a brief talk on World Cancer Day and explained about the programmes schedule to be held on the same day regarding the Awareness on Breast Cancer, Gynecological Cancer, Lung Cancer, Oral Cancer. Dr. Avin B R Alva, Secretary, IMA Mangaluru and Dr. G K Bhat Sankabithilu, Past President, IMA Mangaluru were present. Shri Sanjay Shetty, Secretary, Indian Red Cross Society, D K Branch, proposed Vote of thanks. Around 280 members attended the function. This programme was followed by an Awareness talk on Breast cancer by Dr. Jessy Maria D'Souza, Obstetrician and Gynecologist. Awareness talk on Gynecological Cancers by Dr. Sangeetha K, Gynecological Oncologist. Dr. Alka Bhat, Pulmonologist, spoke on Awareness on Lung Cancer. Dr. Kavitha, Radiation Oncologist, spoke on Awareness on Oral Cancer. At the end of session, discussions were held on the above topics. Later the audiences were allowed to ask questions regarding the above topics and other health issues. A request letter to designate a circle as IMA circle near IMA office was given to

Mr. Sudheer Shetty, Mayor, Mangalore City Corporation, Mr. Anand C L, Commissioner, Mangalore City Corporation, Mr. Vedavyas Kamath, MLA, Mangalore South, Dr Bharath Shetty, MLA, Mangalore North, on Febraury 5th 2024. Sought appointment with DC and MP and will be approaching them later, Past IMA President Dr.Annayya Kulal Ulhuru was present along with IMA President Dr.Ranjan R K. Indian Medical Association, Mangaluru Branch, Primary Health Centre, Bajpe, Mangalore and District Disability Rehabilitation Centre (DDRC) in association with MAPS college Mangalore, organized "FREE SPEECH, AUDIO and MEDICAL CAMP" on 17th February 2024 at Mary Help of Christians Church, Adyapady, Mangalore. Dr.Ranjan R K, President, IMA Mangaluru, Dr. Avin B R Alva, Secretary, IMA Mangaluru inaugurated the camp. Dr. KR Kamath, Past President, IMA Mangaluru Branch, Dr. Prabhakar Neermarga, Principal MAPS evening College, Mangalore, Mr. Nagral, DDRC Incharge Nodule officer, were present on the dais. Dr. Prabhakar Neermarga, Principal MAPS evening College, Mangalore, welcomed the gathering. Mrs.Shwetha K, Assistant Professor, MAPS College proposed the vote of Thanks. Services provided during the Camp were Speech and Hearing evaluation & ENT test, EYE Test and Ophthalmology consultation, Orthopedic Consultation, General Medical examination which involved BP and GRBS (Diabetes) test. Around 68 members attended the camp. The Annual Cricket Tournament - Dr. M V Shetty- Chowdiah Memorial Cricket Tournament 2024 was held on 18th February 2024 at Fr. Muller Homeopathic Medical College ground, Deralakatte, Mangalore. The Inaugural function was held at 9.00am by Rev.Fr.Roshan Crasta, Administrator, Fr.Muller Homeopathic Medical College, Deralakatte, Mangalore. Dr. Ranjith Shetty, Prof. Urologist, KMC Mangalore, Dr.Ranjan R K, President, IMA Mangaluru, Dr. Avin B R Alva, Secretary, IMA Mangaluru, and Dr. Nandakishore B, Urologist, Fr.Muller Hospital, Mangalore were present on this occasion during the inaugural ceremony. 6 teams participated in the annual Cricket Tournament hosted by IMA Mangaluru. The teams are as follows: Yenepoya XI, KMC XI, KSHEMA XI, Fr.Mullers XI, KGMO XI and IMA XI. Among the 6 teams, the final match was held between KMC XI and Yenepoya XI. The Yenepoya XI won the Champions Trophy of the Dr.M V Shetty-Chowdiah Memorial Cricket Tournament 2024. KMC XI won the Runner up Trophy. On the same day (February 18th 2024) Annual IMA Throw ball Match of WDW 2024 was held. 4 teams participated in the event. The teams are as follows: Team Kshema, Team Champyens, Team Fr. Müllers and Team Enigma. The final match was held between Team Kshema & Team Fr. Müllers, Team Kshema won the Champions Trophy of Annual IMA Throw ball Match of WDW 2024 and Team Fr. Mullers won the Runnerup Trophy. WDW of Indian Medical Association celebrated Rare disease day and Valentine month celebration on 29.02.2024. Which was followed by Potluck dinner, Quiz on Rare disease was conducted by Dr. Shwetha Kamath, Secretary WDW, creating awareness of Rare Diseases.

Branch : Mandya

President : Dr.T.N.Marigowda

Secretary: Dr.M.Vinay



On 26 Feb 2024 Dr Narendra Babu and Dr Yogendra Kumar represented Mandya IMA branch and won the open doubles Category and also in 60+ doubles category in State level IMA Karnataka state branch tennis tournament at Shivamogga. On 26 Feb 2024 Dr Marigowda, President IMA Mandya Branch, and IMA office bearers attended meeting regarding pulse polio meeting which is to be held on 03 to 07 March 2024. Discussions were held with DC and DHO regarding awareness, and successful implementation of the program both at booth level and house to house levels. All IMA members especially pediatricians, hospital owners, nursing homes, clinics etc were informed about pulse polio program and were encouraged to actively make the program a success. DC also instructed regarding deworming of all school going children. On 29 Feb 2024 Dr Marigowda, President IMA Mandya Branch, and IMA office bearers attended meeting regarding tobacco control program in DC office. All clinics, nursing homes labs and hospitals have been told to put no smoking signs prominently at many places in their buildings. Doctors were advised to refer smokers to deaddiction centers and to avail free nicotex chewing gum at room no. 14, OPD MIMS, Mandya and for counseling. On 03 Mar 2024 Pulse polio program was conducted. All IMA members participated actively for the success of the program. Below is seen Dr Marigowda, President IMA Mandya Branch, Dr Vinay M, Secretary IMA Mandya Branch, Dr Thammanna, Dr Jagadish kumar Senior pediatricians, Dr Keerthi and Dr Shridhar were present at the inauguration of the pulse polio program at government hospital Mandya. On 13 Mar 2024 IMA Mandya branch conducted a condolence meeting of Dr Raghavendra Prasad, Pathologist, aged 47 years. Senior surgeon Dr VL Nandish, Dr Jagadish Kumar, Dr Suresh, Dr Chandrashekar, Dr Siddegowda, Dr BD Krishnappa, Dr Manjunath, Dr Keerthi and other IMA members were present. On 14 Mar 2024 IMA Mandya

branch conducted world glaucoma day at government hospital Mandya by arranging health education and arranging for checkup of eye pressure for people at the ophthalmology department. Dr Praveen Kumar and Dr Shankaranand, ophthalmologists checked the persons. Dr Marigowda, President IMA Mandya Branch, Dr Vinay M, Secretary IMA Mandya Branch, and Dr Bindiya secretary Manini IMA Mandya branch motivated doctors aged more than 45 years to get their eye pressure checked and arranged for the same at the government hospital Mandya. Pulse Polio Program arranged at Government Hospital, Mandya. Pulse Polio Program at Booth activity encouraged by IMA Mandya branch. Glaucoma Screening of Doctors aged more than 45 years. Glaucoma Screening of people aged more than 45 years. Sports Winners from IMA Mandya Branch, Dr Yogendra and Dr Narendra Babu, State level Tennnis tournament held at Shivamogga.

Branch : Mysuru

President: Dr. M.S. Jayanth Secretary: Dr. B.N. Shivashankar



On behalf of World TB Day JATA followed by stage programme organised by Health and family welfare department in association with Indian Medical Association, Mysuru branch inaugrated by Director of HFW, Bangalore Dr. Pushpalatha Madam, DHO Kumarswamy, District Surgeon Dr. Amarnath, Distict TB Officer and our IMA Mysuru Branch State Council Member Dr. Mohammed Shiraz Ahmed, IMA President Dr. M.S. Jayanth, IMA Secretary Dr. BN. Shivashankar, IMA Treasurer Dr. Rajapur Parashuram and Health department team and IMA team participated in the event. On 22th March 2024, Friday a International Women's Day was celebrated in IMA Building, New Sayyaji Rao Road, Mysuru at 08.30pm.

Branch : Nelamangala President : Dr. M. Jayaprasad Secretary : Dr. S. Rajendra Prasad

On 22.03.2024 CME Programme was conducted. 1) Dr. Deepak Gowda, Consultant Cardio Thoracic Surgeon and Vascular Surgeon, Sakra Hospital, Bangalore. Spoke on "Minimally invasive Cardiac Surgery-Are we there yet." 2) Dr Arjun Srivathsa, Senior consultant HOD Neuroscience, Sakra Hospital, Bangalore. Spoke on "Minimally Invasive



Spine Surgery" and Dr Shailesh, Associate Consultant Neurosurgeon, Sakra Hospital, Bangalore. Spoke on "Newer frontiers in Brain tumour management".

Branch Raichur President: Dr. Arun.K.N

Secretary: Dr. Shree Harsha Patil



Akhila Karanataka Ex-Servicemen Sangha Raichur in Association with IMA Blood Bank conducted Blood donation camp on Sunday 25th February 2024 at IMA hall, total of 19 units of blood was collected. Ganja seized from various Taluka of Raichur district was brought to RIMACT Raichur by Raichur police consisting of Superintendent of police, DSP, circle inspectors and SI. As per NDPS act 1985 following all the guidelines of state pollution control board, seized ganja was destroyed in incinerator at RIMACT on 19-02-24. President Dr. Arun K N, Secretary Dr. Shree Harsha Patil & RIMACT Chairman Dr. Shrishailesh Amarkhed inaugurated a new Autoclave and Shredder at RIMACT site for the purpose of biomedical waste management. Inauguration of renovated building at RIMACT site. Nidhi Aapke Nikat is a monthly district outreach program of EPFO conducted on 27-02-2024 at IMA Hall for the employees of IMA Raichur. Outreach Program on Income-tax matters on 14-03-2024. PCPNDT Act meeting was held on 15-03-2024 at IMA Hall. People Tree Hospitals in association with IMA Raichur conducted CME Programme on 16-03-24, the topic was Recent advances in Neurosciences and the speaker was Dr. Murali Mohan. S and Dr. Vivekananda M at IMA Hall Raichur.

**Branch** Shimoga President: Dr. Ramesh C Secretary: Dr. Aravindan R

On 24-25 FEB 2024 IMA STATE LEVEL TENNIS, SWIMMING, DISTRICTR LEVEL SHUTTLE BADMINTON



SPORTS: Eventhough it was sunny and tiring days—it was overwhelming to see so many players coming all the way from far districts showing their spirit of playing and showcasing their stamina-Though 3 different games at two different places— it went in a smooth way— hopefully all went home satisfied with arrangements and hospitality-More than 100 sports lovers participated in these events, coming all over from far far districts. Our state ima president Dr Srinivas inaugurated the sports event and valedictory was done by our district sp, Sri Mithun Kumar. Dr Bidinahal, our sports secretory was preent in function and even took part in sport event. We feel very much proud of our IMA Shimoga for making this event a GRAND SUCCESS. On 02.03.2024 We had a meeting in IMA hall regarding further plans of star gazers club. Dr Parameshwar was decided to be heading as a president, Dr Niranjan to involve as secretary, Dr Shwetha Badami will be treasurer. On 02.03.2024 As a part of star gazers club activity, a group of enthusiast doctors and family visited savalanga lake for star gazing. We saw some constellations and nebula and all enjoyed the evening. On 10.03.024 Wonderful way of celebrating the international women's day by WDW Shimoga. On 16-MARCH-2024: On the occasion of World Glaucoma Week, an eye screening program for doctors and family members in IMA Hall Shivamogga in association with Sri Shankara eye hospital. Screening was followed by an Awareness talk by Dr Kamala S, Glaucoma Consultant-Shankara hospital

Branch Sirsi

President: Dr.Madhukeshwar Secretary: Dr.Suman Hegde



Blood donation awareness talk at kadamba Marketing co op society, market yard was given by Dr Ravikiran Patwardhan on 19.02.2024. Juvenile Diabetes camp was held on 24th feb. 20 children were benefitted. Given medicines, injections and devices free of cost. A Health check up camp for specially abled children in Ajith Manochetana by Team of Doctors from Mahalaxmi Hospital Sirsi was held on 15th of March 2024. 22 children were hecked and given free medicines. A CME was organised by Sahyadri Narayana multispeciality Hospital Shimoga on 15th of March 2024. Dr Gopal D, a consultant physician spoke on management of sepsis while Dr Ajay Kumar, a pulmonologist dealt about management of pneumonia. Blood donation camp at Mundgod was organised and 50 units of blood were collected on 16th of March 2024. Another blood donation camp along with medical health checkup camp were conducted on Sunday, 17th of March where many IMA doctors took part, organised by Catholic association. In Pandit General Hospital, Rotary IMA Kangaroo Mother Care NICU project, there were 40 new admissions and all the neonates were managed efficiently by the team of Doctors and Staff.

Branch : Sindhanur President : Dr.K.Shivaraj Patil Secretary : Dr.Amar Patil



IMA sindhanur Conducted a BLS CPR workshop on 3rd March for all the staff of IMA Sindhanur hospitals. Workshop was conducted by Dr Ramangoud MBBS DA MRCGP(Uk) which was attended by 30 staff members of the hospitals. It was very educational and informative with hands on workshop. On 17th March IMA-WDW with IMA sindhanur on occasion of world women's day conducted a Free women's cancer screening camp in association with M S Ramaiah medical college, Bangalore. The camp was attended by more than 150 women ,who were screened for both cervical cancer (pap smear)and Breast cancer with mammogram. This was one of kind of free cancer screening in North Karnataka region.

Branch : Sullia President : Dr.Veena.N Secretary : Dr.Ravikanth G.O.

On 23/2/2024 The Indian Medical Association (IMA) had organised a workshop on 'Alcoholic Family' as part of the health information programme for the Government Pre-University College High School section from Sullia branch. For students of classes 8 and 9, an essay competition on the theme 'Alcoholic Father, Mother and



Children' was organized in the form of poetry writing and painting activities. On the subject of Say No to Drugs, There was a lecture by Dr. Veena. The 21 children who participated in the competition and won the competition received a memento, a citation, a geometry box and a cash prize. On 03/03/2024 Dr. Veena attended Pulse Polio Vaccination conducted in CHC Sullia. On 5/03/2024 Adolescent Health and Menstruation Secrets Program conducted in Markanja High School on Reusable pad. On 18/3/2024 Womens day celebration at kvg dental college, Dr. Veena gave Talk about ca cervix awareness and hpv vaccine. On 09/02/2024 Dr. Veena gave talk on Anaemia Awareness to PUC 1st year students in Bettampady in asssciation with Women Empowerment Cell& IQAC and Indian Academy of Paediatrics regarding Women: Health & Awareness. On 17/03/2024 Dr.Saigeetha gave a talk on Ca. Breast, Ca. Cevix and general health problems and management to Ambika mahila mandala ladies.

Branch : Tumkur

President: Dr.S.V.Rangaswamy Secretary: Dr.Mahesh.G



On 25.02.2024 Seminar related to Problems faced in Agriculture, reasons and solutions for the same. Program conducted with Gandhi Sahaja Besaya Shale, Pharmacists Association in co-ordination with IMA Tumakuru. Guest Present in the seminar were: Mr. Pandith Jawahar N S, President, Pharmacists Association, C. Yatiraju, Gandhi Sahaja Besaya Shale, Dr Mahesh, Secretary, IMA Tumakuru were present in the program On 23/2/2024 Pulse Polio Task force meeting Venue of the activity: District Commissioner's Officer, Tumakuru Attended the Pulse polio task force meeting conducted under the chairmanship of DC, Tumkur. On 29/2/2024 Activity Name: City task force meeting and Pulse Polio meeting Venue of

the activity: umakuru City Corporation Office, Tumakuru. Attended the City task force meeting and Pulse Polio Meeting conducted under the chairmanship of Commissioner of City orporation, Tumakuru. On 4th, 5th and 6th of march 2024 Pulse polio programme Dr Rangaswamy H V, President visited C N Halli taluk, Tiptur Taluk and Sira Taluk to monitor Pulse Polio program from Community Medicine Department SIMS & RH Tumakuru. On 09.03.2024: Bike Rally Program conducted by: TUMKUR IMA WDW had collaborated with Sneha manovikasa Kendra and Sree Motors Tumkur on the occasion of INTERNATIONAL WOMEN'S DAY and did a WOMEN BIKE RALLY to create Awareness in the public about Road Safety and also Teen Mental health. Dr Nischitha was felicitatedon this occasion. On 10-3-2024 Fun Games to WDW Doctors on the Occasion of International Women's Day at IMA Tumakuru Premises Many Fun Games like Potato race, Ball Tunnel, Lava walk, Coins on pencil, Balancing the ball, Making cup pyramid etc., WDW Doctors enjoyed the games. On 17-03-2024 World Kidney Day was celebrated at IMA Tumakuru Premises. Program conducted in association with C G Kidney Care, Tumakuru and IMA Tumakuru, And Cooking without fire competition has been conducted on this occasion. Dr Yeshwanth Gangaiah, speaked about taking care of Kidney;s and prevention of kidney Diseases and Dr Range Gowda Speaked about the renal stones and Urinary tract infections. Tumakuru IMA Branch has done tremendous work in joining Doctors to the association under Membership drive. We have joined totally 154 Doctors joined under drive in that 90 single membership and 34 couple membership.

Branch : Udupi-Karawali President : Dr.Rajalakshmi Secretary : Dr.Archana Bhakta



Awareness on screening and prevention of cancer cervix and breast cancer on 28/02/2024 at Govt Polytechnic college Manipal in association with JCI Udupi City and Rotary Parkala. Dr Rajalakshmi was the resource person attended by 150 students, 10 teachers, JCI and Rotary members. Interactive session with many queries regarding the HPV vaccine by the students, staff and Rotary members well answered by the resource person. On 29/02/2024: Cancer awareness program: Cancer

awareness session at G Shankar Govt FG college Udupi on 29/02/24 in association with JCI Udupi Indrali Attended by 130 students 10 staff and members of ICI Dr Rajalakshmi was the resource person. On 01.03.2024: Cancer awareness program: An awareness session on Cancer by Dr Y S Rao at Doddanagudde Mahila Sangha Program was organised in association with JCI Doddanagudde. On 05.03.2024: Cancer awareness program Cancer awareness session at DK cooperative milk diary at Kolalagiri Organised jointly by IMA UK, Manipal OBG society and Lion's club Manipal in association with Primary Health Centre Kolalagiri and Dept of Community medicine KMC Manipal Dr Y S Rao spoke on causes, clinical features, diagnosis and management of cancers in general. Dr Indira Shanbhag spoke on Breast cancer screening, while Dr Ranjitha spoke on cervical cancer screening helped by staff of Dept of Community medicine KMC Manipal in screening for breast cancer and cancer cervix. Dr Bindu Rao our member and Medical officer of PHC coordinated the program. On 07/03/2024: A Jatha on women empowerment and cancer awareness program: A Jatha on Women empowerment and Cancer awareness session on the occasion of International women's day at PHC Hoode by IMA UK on 07/03/2024 for ASHA workers and nursing students Dr Vijaya YB spoke on Breast cancer screening, Dr Indira Shanbhag spoke on HPV vaccination, Dr Anjali Mundkur spoke on cervical cancer screening. On 07.03.2024: Public awareness program: On 07/03/24 the nursing students staged a roleplay depicting various roles of women in the society, educating the public against fetal sex determination, informing right age for marriage and right to education, equal opportunity and pay. On 10.03.2024: Glaucoma awareness program: On the occasion of Glaucoma awareness week IMA Udupi Karavali conducted an awareness session and glaucoma screening for IMA members in 10/03/2024 in association with Prasad Netralaya, headed by Dr Krishna Prasad. Members were screened for refractory errors, Intra occular pressure and perimetry. On 10/03/2024: International women's day celebration: International women's day was celebrated by IMA Udupi along with Women Doctor's wing with a Funfare on 10/03/2024 Sandhya Shenoy noted stand up comedy artist was chief guest and inaugurated the stalls put up by our WDW members Senior women doctors Dr Savithri Daithota, first woman president of IMA UK and Dr Sulochana Holla were honoured during the occasion. On 14.03.2024: awareness session on Adolescent health and HPV Vaccination: An awareness session on adolescent health and HPV vaccination for the nursing students and staff by Dr Rajalakshmi at Goretti hospital. On 17.03.2024: CME: IMA Ucupi Karavali conducted CME for the month of March on 17/03/24. Dr Sandeep Ballal spoke on newer developments in the field of Imaging science. Dr Praveen Shastri spoke on AI in Imaging science and Dr Sumeet Malapure spoke on PET CT. IMA Udupi Karavali President Dr. Rajalakshmi presided over the program. About 100 members participated.

Branch Yadgiri

President: Dr.Bhagavantha Anwar Dr.Vajinath Duggani Secretary:

IMA Yadgir in association with District Family Welfare department organized Free Health check up on 09/03/24. Yadgir MLA Shri Channareddy Patil Tunnur inaugurated the function, Former MLA Shri Dr Veerabasavanth Reddy graced the occasion. Dr Anwar Sir (IMA President) gave inaugural speech. Dr Vaijanath (Secretary), yoga guru Shri Somnath, Dr MS Patil (DSO) were present. Doctors from various specialties were felicitated. Around 200 people got benefited from the camp.



#### ಹಜಾಿವಾಣಿ

ಆರೋಗ್ಯ ಇಲಾಖೆ ನಡೆಸಿದ ಕಾರ್ಯಾಚರಣೆಯಲ್ಲಿ 80ಕ್ಕೂ ಅಧಿಕ ವೈದ್ಯರು ಪತ್ರೆ

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#### ಹೋಮಿಯೋಪಥಿ ವೈದ್ವರ ಮೇಲೂ ಕ್ರಮ

ಗಾರಾತ್ರೀಯದ ಪತ್ರಕ್ಕೆ ಸೈದ್ಯರ ಪತ್ರಯಲ್ಲಿ ಅಲೋಪಕ್ಕಿ ಸೈದ್ಯರ ಜತೆಗೆ ыр фиры бород шуход, бөрг галгаг, сирход, DECISIO DIMENS CONDICIONE BODGO ON HOO ced digital mass, east \$56 mile poor associated

ಇಕರ ವೈದ್ಯರ ಸಕ್ಷಿಗೆ ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದಿಂದಲೂ (ಜಎಂಎ) ಕರ್ಯವಿಟಕಿಯನ್ನು ರಚಿಸಲಾಗಿದೆ. ಆಯುವೇಗು ಪದ್ಧತಿಯತ್ತಿ ಸೇವೆ ನೀಡುತ್ತಿಯವರ ಅರ್ಜನೆ ಗುರುತಿಸುವುದು ಕಪ್ಪ ವೈದ್ಯರ ಪತಿ ಕೆಲಸೆ ಮಾರುವ ಕೆಲವರು ಅರ್ಜ ನದವಿ ಹೊಂದರುವುದು ಪ್ರಕ್ರೇತ ಕ್ಷರಿಕ್ ಗಳನ್ನು ಪ್ರಧಾಯಿಸುತ್ತಿದ್ದಾರೆ. ಅಂತಮಾರು ಪ್ರಕ್ರೀಯ ಪ್ರವರಣಕ ಸಾಮಾನ್ಯ ಸಮನ್ನೆಗಳಿಗೆ ಮಾತ್ರಗಳನ್ನು ಕೀಡುತ್ತಿದ್ದಾರೆ. ಕೆಮಿಂಗಾ ಹಾಯ್ಕೆಯ ಗಳಲಿ र्वुत्तृत् सङ्ग्री प्रशासकाताकारों अवतः प्रज्ञात स्थानभाग स्थापत स्रोतृत्व स्थापन स्थापन स्थापनाः

ಹಾಗೂ ನಕರೆ ವೈದ್ಯರ ಮೇಲೆ ಕೆಸಿಎಂಬ ಕಾಯ್ದೆಯಡಿ ಕ್ರಮ ಕೈಗೊಳ್ಳಲಾಗುತ್ತಿ-WHITE CASE PROPER ಪ್ರದ್ಯರ ಕಂಟ್ರೆ ಹೆಚ್ಚಾಗುತ್ತದೆ. ಪಿಪಿದ್ ಪ್ರಾನಿಂಗ್ ಕೇಂದ್ರಗಳಿಗೂ ವಿಧೀನ್

ಪ್ರಸವಧಾರ್ವ ಭ್ರೂಣಕೀಗ ಪಕ್ಷೆ ಕಾಯ್ದೆ (2)(2,007(00)) en morra HARQ KENEFASSA BEFASS Seconda and Alexander com results especially

#### ಸಂಪನ್ನೂಲ ಎಲ್ಲಿದೆ?

ಇದು ಅತ್ಯಂತ ಅನುಭವಿ, ಚಾಣಾಕ್ಷತನದ ಏರ್ಮಿ, ಸೂಪರ್ ಕ್ಷವಾಲಿಂಗ ಹೆಚ್ಚು ಗಮನ ಕೊಡಲಾಗಿದೆ. ಹೃದ್ಯೋಗ ಮತ್ತು ಕ್ಯಾಸರ್ ಚಿಕಿತ್ತಾ ವಿಭಾಗಗಾಗಿಗೆ ಹೆಚ್ಚಿನ ಅದ್ಯತೆ ಸಿಕ್ಕಿದೆ. ರೋಗ ಗುಣಪಡಿಸುವಿತಿಗೆ (ಕ್ಕೂರಂಟರ್ ಮೆಡಿಸಿನ್) ಪ್ರಾಕತ್ತ ದೊರೆತಿದೆ. ಅದರೆ, ನಿಯಂತ್ರಣದತ್ತ (ಪ್ರಿನೆಂಟನ್) ಗಮನ ಕೊಳ್ಳಲ್ಲ ಈ ಎಲ್ಲವಕ್ಕೆ ಮಾನವ ಸಂಪರ್ಷಕ್ಕಲ ಹೇಗೆ ಹೊಂದಿಸಲಾಗುತ್ತದೆ ಎಂಬುದಕ್ಕೆ ವಿವರಣೆಯಲ್ಲ.

ಹೊಸ ವೈದ್ಯಕೀಯ ಕಾಲೇಬು ಸ್ಥಾಪಿಸದಿರುವುದು ಉತ್ತಮ ನಡೆ. ಇರುವ चुंचुभळ करेस्थानेत बंधुत करायानचर्य

ಒದಗಿಸಿ, ಅಭಿವೃದ್ಧಿಗೆ ಅವೃತ ನೀಡಿರುವುದು ಸೂತ್ರ ವಾಗದೆ.ಎಲ್ಲ ಕಡೆ 'ಕ್ರಿಚಕಲ್ ಕೇರ್ ಯೂನಿಟ್' ಮಾಡುವುದಾಗಿ ಹೇಳಿದ್ದು ಒಳ್ಳೆಯ ಬೆಳವಣಿಗೆ. ವೈದ್ಯಕೀಯ ಕಿಕ್ಷಣ ನಿರ್ದೇಶಗಾಲಯವನ್ನು (ಡಿಎಂಇ), ಪ್ರವೃತೀಯ ಶಿಕ್ಷಣ ಅಯುಕ್ಕಾಲಯ ಮಾಡುವ ವಿರ್ಧಾರ ಕ್ರಾಂತಕಾರಿ ನಡೆ. ಇದು ದೇಶದಲ್ಲೇ ಮೊದಲ ಪ್ರಯತ್ನ, ಇದರಲ್ಲಿ ಏಎಎಸ್

ಅಧಿಕಾರಿಗಳ ಜತೆಗೆ, ಪ್ರವ್ಯರೂ ಇರುತ್ತಾರೆ. ಪ್ರವೃಕೀಯ ಶಿಕ್ಷಣಕ್ಕೆ ಏನು ಬೇಕು

ಎಂದು ತೀರ್ಮಾಪಿಸಲು ನೈವೃರಿಗೂ ಅವಕಾಶ ಸಿಗಳಿದೆ. ಗಡೆ, ಕಾರ್ಮಾನೆ ದೂಳು, ವಿಷಕಾರಿ ಅನಿಲ ಜಿಚ್ಚಾಗಿರುವ ಬಳ್ಳುರಿಯಂಥ ಜಿಲ್ಲೆಗಳಲ್ಲಿ ಕ್ಷಯ ರೋಗ ಬಾಧಿಸುತ್ತಿದೆ. ಇಲ್ಲಿನ ಶ್ವಾಸಕೋತ ಚಿಕಿತಾ ವಿಭಾಗವನ್ನು ಮೇಲ್ಫರ್ಜಿಗೆ ಎರಸುವ ಅಗತ್ಯವಿತ್ತು, ಅವರತ್ನ ಗಮನ ಪರಿಸಿಲ್ಲ. ಒಟ್ಟಾರೆ, ಪ್ರದ್ಯಕೀಯ ಕ್ಷೇತ್ರಕ್ಕೆ ತಕ್ಕಮತ್ತಿಗೆ ಅನುದಾನ ಸಿಕ್ಕಿದರೂ ಅಗತ್ಯ

ಮಾನವ ಸಂಪನ್ಮೂಲಕ್ಕೆ ಎನ್ನು ಕ್ರಮ ಎಂದು ವಿವರಿಸಬೇಕಾಗಿತ್ತು ರಾ.ವೈ.ಎ.ಯೋಗಾಗಂದರೆದ್ದಿ, ಪಸ್ಕಕ ತಕ್ಷ ಏಕಾರಿ





# IMA-KSB WOMENS DOCTORS' WING ACTIVITIES

**MANGALORE**: Dr. Shwetha Kamath's article on Careers in Clinical Research, published in Vishwavyapi magazine



February issue. IMA WDW had throwball match for women doctors. 4 teams from different colleges had participated. The winners were KSHEMA and Runners were Father Mullers Medical College. The matches were held at Father Mullers homeopathic college Mangalore on 18 Feb 2024.

Dr. Jessy Maria Dsouza was the guest at "Young Star cricket tournament" on 24 Feb 2024.

BHADRAVATHI: WDW Bhadravathi chair person Dr Veena



Bhat took part as a resource person. In workshop for physical education teachers of shimoga district on 6th Feb about yoga for children for improving concentration and memory and about food habits. Ratha saptami being celebrated by WDW and family members of IMA 108 sooryanamaskara done on 17th Feb at Nayana sabhangana. Dr Veena bhat spoke on Importance of Sunlight in day today life and the benefits of Soorya Namaskara. 25th Feb 2024 – IMA, WDW along with Bhoomika association took part in Comedy Drama Show at Shankaramutt Bhadravathi.

**SHIMOGA:** On 4th February 2024 on the occasion of cervical cancer awareness month organised CME on cervical cancer screening at IMA hall Shimoga. On





29/02/2024 Dr Kousthubha delivered a talk followed by interactive session on health & hygiene at JNNC MBA college attended by over 180 students.

**RANEBENNUR:** Participated in pulse polio program at bus stand booth.





Conducted educative program to lady police staff on 10 th March at IMA hall on the occasion of international women's day.Dr. Vidya VasudevaMurthy inaugurated the program . Dr. Hema patil spoke on cancer cervix and HPV vaccine, Dr.Nalina Salmani on menustual hygiene ,DrSuguna on menopause and Dr. Girija Negalur spoke on yoga and fitness. Mrs. Neeta Mirji delivered vote of thanks. All Ranebennur lady police staff participated in the program.

UDUPIKARAVALI : 07/03/2024: A Jatha on women



empowerment and cancer awareness program. A Jatha on Women empowerment and Cancer awareness session on the occasion of International women's day at PHC Hoode by IMA UK on 07/03/2024 for ASHA workers and nursing students Dr Vijaya YB spoke on Breast cancer screening, Dr Indira Shanbhag spoke on HPV vaccination, Dr Anjali Mundkur spoke on cervical cancer screening.

10/03/2024: International women's day celebration. International women's day was celebrated by IMA Udupi along with Women Doctor's wing with a Funfare on 10/03/2024 Sandhya Shenoy noted stand up comedy artist was chief guest and inaugurated the stalls put up by our WDW members Senior women doctors Dr Savithri Daithota, first woman president of IMA UK and Dr Sulochana Holla were honoured during the occasion. A unique experience of encouraging our women entrepreneurers from our women's wing who kept variety of food stalls, saree/dresses shopping.

**TUMKUR:** 9-3-2024: Bike Rally conducted by: TUMKUR IMA WDW had collaborated with Sneha manovikasa Kendra and Sree Motors Tumkur on the occasion of INTERNATIONAL WOMEN'S DAY and did a WOMEN BIKE



RALLY to create Awareness in the public about Road Safety and also Teen Mental health. Dr Nischitha was felicitated on this occasion.

10-3-24: Fun Games to WDW Doctors on the Occasion of International Women's Day at IMA Tumakuru Premises. Many Fun Games like Potato race, Ball Tunnel, Lava walk, Coins on pencil, Balancing the ball, Making cup pyramid etc., WDW Doctors enjoyed the games. IMA Tumakuru

Men's Doctors hosted the show. 17-03-2024: World Kidney Day. Activity Venue: IMA Tumakuru Premises conducted in association with C G Kidney Care, Tumakuru and IMA Tumakuru. And Cooking without fire competition has been conducted on this occasion. Dr Yeshwanth Gangaiah, speaked about taking care of Kidney's and prevention of kidney Diseases and Dr Range Gowda Speaked about the renal stones and Urinary tract infections.

**HUBBALLI:** Talk on Diabetes and Health camp (07/03/24 and 09/03/24) on the eve of women's Day Dr Chandan

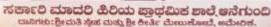


Kamat spoke to group of about 45 doctors, on diabetes, prediabetes ,complication and advised on management. Dietician Pooja Yalagi spoke on ideal diet for diabetics . on 09/03/24 Dr Chandan Kamat spoke to 150 engineering students and staff at KLE's BVB campus, on health issues related to good habits and lifestyle. This was followed by Health camp. Blood tests including Hb,TSH,RBS, Hba1c and lipid profile were done for 120 candidates. Mammogram was done for 40 and Pap smear done for 21 women. ECH,ECHO & Bone Density scan were also done.

Talk on Emotional Health and workshop by Dr Vinaya Prabha at IMA Hall on 15/03/24 at KLE's BVB on 16/03/24. It was a wow moment for all women in the IMA hall when she made us introspect our emotions and behaviour around it, through role play and discussion in groups of 5. She spoke about types of emotions and how we can use them as our strength, by responding instead of reacting. She advised us on techniques to improve our emotional well-being. About 50 doctors were present. At BVB campus to create awareness of importance of emotional quotient and to promote emotional well-being amongst students, through a series of questionnaire, she made everyone score on various aspects of emotional wellbeing. It was an interactive session, students and staff we present, making upto 170 audience. She discussed on ways to improve emotional health.

**GANGAVATHI:** Today our Ladies wing along with IMA and Lions club conducted a Hb survey and Nutrition and Anaemia awareness program for Government school girls at Anegundi. Around 150 students got benefited.

Mass HPV VACCINATION camp was organised by IMA Gangavathi in association with IMA Maithri on 24 th





February Interactive session about the vaccination held with the parents and misconceptions cleared 30 girls were vaccinated.

HASSAN: IMA WDW Hassan arranged a cultural night for the grand celebrations of International Women's Day. The evening started with Fun games for the kids accompanying the ladies. Dr Savitri, IMA KSB State Vice president, DR Rangalakshmi, IMA KSB Ex-State Vice President, DR Sowmya Mani, IMA WDW Chairman, Karnataka, Dr Dinesh Byregowda, Secretary-IMA Hassan, DR Vishalakshi, President, IMA WDW Hassan, Dr Bhavika, Secretary, IMA WDW Hassan, Dr Likitha, Treasurer, IMA WDW Hassan



were present on the Diaz. Prizes were distributed to all the winners of sports events conducted in the past four weeks preceding the celebrations. Esteemed members DR Savitri, Dr Shymaladevi, Mrs. Shubha Ratnakarashetty, and Mrs. Vijayalakshmi Shankar were felicitated on this occasion recognizing their achievements and contribution to the society. The formal function was followed colorful, enthusiastic, and unique performances showcasing overwhelming talent by more than 50 members. The program was concluded with the much awaited "Best Dressed Lady" Award and the "Best Dressed Duo" Award, DJ and dinner. It was a wholesome night enjoyed by the lot.

**DHARWAD:** 10.03.24: With this year Women's day theme i.e "Invest in women Accelerate Progress", WDW Dharwad identified two women (one of whom is physically disabled) in distress through an NGO called RAPID (rehabilitative assistance for people in distress) and provided financial assistance for one of them to buy Pico



fall machine and another to start a mini business for her life sustainability We whole heartedly thank the WDW Dharwad members for their generous contribution of Rs. 20000, for the upliftment of the these two women. With "Inspire inclusion" IWD campaign theme in mind, WDW Dharwad organised cervical cancer awareness and screening for its Doctors as a part of women's day celebration along with the assistance of Radon Cancer centre, around 30 doctors underwent cervical cancer screening. Dr. Sheetal Kulgod of Radon Cancer Centre gave a talk on HPV screening, HPV vaccination, and taking time for self care of doctors.

# ಜೀವನಕ್ತಮ ಜಾಗೃತಿ ವಹಿಸಿ

ಸಹಜ ಹೆರಿಗೆಗೆ ಸುಲಭೋಪಾಯಗಳ ಬಗ್ಗೆ ಉಪನ್ಯಾಸ



• ಕನ್ನಡಪ್ರಭ ವಾರ್ತೆ ಕೊಪ್ಪ

ತಾಯ್ದಿನ ಎನ್ನುವುದು ಒಂದು ಜೀವ ಭಾಮಿಗೆ ತರುವ ಪ್ರಕ್ರಿಯೆಯಾಗಿದೆ. ಆರೋಗ್ಯವಂತ ಮಗುವಿನ ಜನನ ಮತ್ತು ಸಹಜ ಹೆಂಗೆ ಬಯಸುವ ಸರ್ಭಣೆ ತಾಯಂದಿರು ಆಹಾರ ಕೃಮ ಮತ್ತು ಜೀವನಕ್ರಮಗಳ ಬಗ್ಗೆ ಹೆಚ್ಚಿನ ಜಾಗೃತಿ ವಹಿಸಬೇಕು ಎಂದು ಆದರ್ಶ ಆಸತ್ರೆಯ ಹಾ. ಅನಿತಾ ಎಟ್.ರಾವ್ ಹೇಳಿದರು.

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘ ಮತ್ತು ಆವರ್ತ ಆಸ್ಪತ್ರೆ ಕೊಪ್ಪ, ಲಯನ್ನ್ ಕ್ಷಬ್ ಕೊಪ್ಪ ಸಹ್ಯಾದ್ದಿ, ಹಾಗೂ ಕೊಪ್ಪ ವಿಷ್ಯ ಮಹಿಳಾ ವೇದಿಕೆ ಸಹಯೋಗದಲ್ಲಿ ಮಹಿಳಾ ವಿನಾಚರಣೆ ಅಂಗವಾಗಿ ಪಟ್ಟ ಇದ ಕಾಲಿನಿ ಡಯೋಗ್ಯೋಸಿಸ್ ಸೆಂಟರ್ ನಲ್ಲಿ ಎರ್ಪಡಿಸಿದ್ದ ಸಹಜ ಹೆಂಗೆಗೆ ಸುಲಭೋಪಾಯಗಳ ಬಗ್ಗೆ ಉಪನ್ಮಾಸ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಭಾಗವಹಿಸಿ ಮಹಲಾಡಿದ್ದರು.

ಗರ್ಭಗಡೆಯರಿಗೆ ಜೀವನಕ್ಕೆ ಲಿ. ಆಹಾರ ಪದ್ಧತಿ ಯೋಗ ಹಾಗೂ ವ್ಯಾಯವಾಗಳ ಕುರ್ಮಾಕ್ರಮ ಅರ್ಯಾಕ್ರಮ ಆಯೋಜಿಸಲಾಗಿದ್ದು ಮಹಿಳಾ ಆರೋಗ್ಯ ಸಲಹೆಗಾರರಾದ ಪ್ರಸಾತಿ ತಜ್ಜೆ ಡಾ. ವೀಡಾ ಎಸ್. ಭಟ್ ರವಿತರ ಈ ಬಗ್ಗೆ ನೀಡುವ ಮಾಹಿತಿಯನ್ನು ಗರ್ಭಣೆ ಮಹಿಳೆಯರು ಜೀವನದಲ್ಲಿ ಆಳವಡಿಸಿಕೊಳ್ಳಬೇಕು ಎಂದರು.

ಡಾ. ವೀಣಾ ಎನ್. ಭಟ್ ಮಾತನಾಡಿ, ಗರ್ಭಣೆ ಮಹಿಳೆಯರು ತಮ್ಮ ಮನಸ್ಸರು ಒತ್ತಡದಿಂದ ದೂರ ಇಡಲು ಪ್ರಯತ್ನಿಸಬೇಕು. ಒಳ್ಳೆಯ ಪುಸ್ತಕ ಓದು ವಿಕೆ. ಪ್ರೀಡಿ ಪಾತ್ರ ರೊಂದಿಗೆ ಒಡನಾಟ. ಮನಸಿಕ ಆರೋಗ್ಯ ಸದ್ಯಥಗೊಳಿಸುತ್ತದೆ. ತಾಯು ಮಾನಸಿಕ ಅರೋಗ್ಯ ಮಗುವಿನ ಆರೋಗ್ಯ ದರ್ಮಬೂಪ್ಯ ಭಾವಲೀರಲಿದೆ. ತರಿಗೆ ಸಂದರ್ಭದಲ್ಲಿ ಮಗುವಿನ ತರಿಗೆ ಸಂದರ್ಭದಲ್ಲಿ ಮಗುವಿನ

ಬೆಳವಣೆಗೆಗೆ ಅಮ್ಯಜನಕದ ಅತ್ಯಗತ್ವವಾಗಿರುವುದರಿಂದ ಗರ್ಭಣೆ ಯರು ಧ್ಯಾನ ಮತ್ತು ಉಸಿರಾಟದ arm, outrests ಮಾಡುತ್ತರಬೇಕು. ಯಾವುದೇ ಕರಕರ ಇಲ್ಲದೆ ಏನಕ್ಕೆ ಕರಂದ 10 ಗಂಟೆಗಳ ಕಾಲ ದಿವಿಸುವರು ಗರ್ಭಣಿಯಾಗ ಅತ್ಯಗತ್ಯ. ಸುಖ ನಡೆ ಮಗುವಿನ ಉತ್ತಮ ಬೆಳವಣಿಗೆಗೆ ಆಗತ್ಯವಾಗಿದೆ, ವಿದ್ಯೆಮುಂದ ಮದಸ್ತು ಕೂಡಕಾಂತವಾಗಿರುತ್ತದೆ. ಗರ್ಭಣಿಯರು ಯರೇಚ್ರವಾಗಿ ನೀರು ಕುಡಿಯುವುದನು ರೂಧಿಮಾಡಿಕೊಳ್ಳಬೇಕು. MUDER ಯಲ್ಲಿ ಸಾಮಾನ್ಯವಾಗಿ ಕಂಡುಬರುವೆ ಮೂತ್ರಕೋಶದ ಸೋಂಕನ್ನು ತಡೆಯಲು ಇದು ಸಹಕಾರಿಯಾಗುತ್ತದೆ. ಗರ್ಭಚ ಯರು ಕೊಬ್ಬನಾಂಶವುಳ್ಳ ಆಹಾರದಿಂದ ದೂರವಿದ್ದು ಯರ್ಥಭ್ರವಾಗಿ ಪೌಷ್ಟಿಕಾಂಕ ವುಳ್ಳ ಹಣ್ಣು ತರಕಾರಿಗಳ ಸೇವನೆಯನ್ನು ಭಾಧಿಸಿಕೊಳ್ಳ ಗರ್ಭಾವಕ್ಷೆಯಲ್ಲಿ ಭಾರತ ಬೆಳವಣಿಗೆ ಮತ್ತು **Mater** ಹೆಂಗೆಗಾಗಿ ಹಲವಾರು ವ್ಯಾಯಾಮ ಯೋಗಾಸವಗಳದು ಮಾರ್ಗದರ್ಶಕರಿಂದ ಮಾಹಿತಿ ಪಡೆದು ಮಾಡಬಹುದು ಎಂದ eartets ಹಲವಾರು or other ಯೋಗಾಸನಗಳನ್ನು ಪ್ರಾತ್ನ ವೇದಿಕೆಯಲ್ಲಿ ತೋರಿಸಿಕೊಟ್ಟರು ಸಾಗಿತ್ ಕಿತ್ರಮಾಗ್ರ

ವಹಹಿತಿ ಕಾರ್ಯಕ್ರಮದ ಪಂತರ ಪಟ್ಟ ಣದ ಹೊರವಲಯದ ಅಮ್ಮಹಿ ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘವ ಸಭಾಂಗಣದಲ್ಲಿ ಮಹಿಳಾ ದಿನಾಚರಣೆ ಅಂಗವಾಗಿ ಮಹಿಳೆಯರೊಂದಿಗೆ ಸಂಪಾದ ಮತ್ತು ಯೋಗಾಸನ ಕಾರ್ಯಕ್ರಮ ನಡೆ ಯತ್ತು ಮರ್ಗಾಸನ ಕಾರ್ಯಕ್ರಮ ನಡೆ ಯತ್ತು ಮರ್ಗಾಸರ ಕಾರ್ಯಕ್ರಮ ನಡೆ ಯಾ. ನಟರಾಜ್, ಡಾ. ಅನಿಖಾ ನಟರಾಜ್, ಲಯನ್ಸ್ ಕ್ಷಬ್ ಕೊಪ್ಪ ಸಹ್ಮಾದ್ರಿ ಮತ್ತು ಎಪ್ಪ ಮಹಿಳಾ ಪೇರಿಕೆಯ ಅಧ್ಯಕ್ಷರು, ಪರಾಧಿಕಾರಿಗಳು ಇದ್ದರು.



#### Indian Medical Association Karnataka State Branch

IMA House, Near IMA Circle, A.V.Road, Bangalore-560018 Tele.080-26703255, <a href="mailto:imaksbpresident@gmail.com">imaksbpresident@gmail.com</a>

Ref: IMA/KSB/SCM/994/2024

Date: 30th March 2024

To:

The Honorary Secretaries, Local Branches of IMA in Karnataka State,
All State and Central Council Members from Local Branches,
All Members of State Working committee of IMA-KSB & All Past Presidents of IMA-KSB.

Dear Sir / Madam,

310th State Council Meeting of the Indian Medical Association, Karnataka State Branch will be held under the aegis of IMA Bhadravathi Branch on Sunday the 28th April 2024 at 11.00.A.M at Buntara Bhavana, Opp: New Town Police Station, Jannapura, Bhadravathi-577301.

Please make it convenient to attend the Meeting.

#### : Agenda:

- 01. IMA Prayer and Flag Salutation
- 02. Welcome by the President
- 03. Reading of the Meeting Notice by Hon. State Secretary
- 04. Messages of informed inability to attend
- 05. Condolence Resolutions, if any
- 06. Action taken on the previous Minutes of 308th and 309th State Council Meetings held at BRIMS Auditorium, Bidar on 27th October 2023
- 07. Secretary's Report from October 2023 to March 2024 and Adoption
- $08. \ Ratification of 872 nd, 873 rd, and 874 th \, State \, Working \, Committee's \, Action \, taken \, Reports$
- 09. IMA Hqrs, 231st CWC Meeting Report held at MGM Beach Resort, Beside MGM Dizzee World, 1/74, SH-49, ECR-603112, Chennai. to be held on 13th & 14th of April 2024
- 10. Doctors Day-2024 Celebration. Discussion Place and Venue at Bangalore on Monday the 1st July 2024
- 11. Honorary Treasurer's Report from October 2023 to March 2024 (from 01.10.2023 to 31.03.2024) and Adoption
- 12. Discussion on 90th IMA Karnataka State Annual Medical Conference (90th MEDICON-2024) to be hosted by IMA Yalahanka Branch at Akash Institute of Medical Sciences, Devanahalli, Kempegowda International Airport Road, Bengaluru Rural on 25th, 26th and 27th of October 2024
- 13. Discussion on IMA-KSB's IMA-AMS, IMA-CGP, IMA-KSB Kannada Vaidya Barahagarara Samithi and Women Doctors Wing Conferences
- 14. Progress about GST collection

- 15. Amendments, if any
- 16. Letters of correspondence
- 17. Office Related matters
  - (a) Opening of New Branch at Kurugod (Ballari District) Proposed by IMA Ballari Branch- for Ratification
  - (b) Opening of New Branch at Electronic City (Bengaluru Urban) Proposed by IMA Bengaluru Branch (Branch Proposed Letter till Now not received) for Ratification
  - (c) Opening of New Branch at Jnanabharathi Layout (Bengaluru Urban) Proposed by IMA Bengaluru Branch (Branch Proposed Letter till Now not received) Ratification
- 18. Any other subject with the permission of the chair
- 19. Vote of thanks.

Thanking you,

B

Yours sincerely,

**Dr. B.P. KARUNAKARA**Honorary State Secretary

Sd/-Dr. ANITHA D. Honorary Joint Secretary

#### Please Note:

- (1) SCM Members are requested to bring the meeting Notice with them. No copies will be given at the meeting.
- (2) Only SCM Members of IMA-KSB are allowed to attend the Meeting.
- (3) If any clarification required on any subject, the SCM members may send their request to Hon. State Secretary mentioning the subject which they wish to discuss.

#### Helpline

**Dr. R.C. Bengaluru,** President IMA Bhadravathi Branch M: 9535035864 drrcbangalore@gmail.com

**Dr Sushith Shetty S**, Hon. Secretary, IMA Bhadravathi Branch M-7760064931 / 9844341350 sushithshetty@rediffmail.com

Dr.Harisha Delanthabettu

CWC Member, Regular IMA-KSB M-9844028852

E-mail: drharishad@gmail.com

## IMA LIFE MEMBERSHIP FEE

SI	Life	Total Amount
1	Single	Rs. 13,007/-
2	Couple Life	Rs. 19,505/-

#### Google pay, Phone pay or NEFT

Account Name : IMA KSB
Account No : 67070532832
IFSC Code : SBIN0070242
Bank : SBI

Saving account

Branch

: Chamarajapete, Bangalore



IMA Karnataka State Annual Medical Conference Host - IMA Yelahanka Branch



# 90 MEDICON 2024

25th - 27th October, Bengaluru

# Earlybird Registration Extended Upto 30th April, 2024

**TO REGISTER SCAN QR CODE** 





REGISTRATION CHARGES (Inclusive of GST)					
DATE	Single Delegate	Couple Delegate	SPOUSE (Non Member)	PG	
Till April - 30th 2024	Rs. 5,000	Rs. 9,000	Rs. 3,000	Rs. 3,500	
1st May - 30th June 2024	Rs. 6,000	Rs. 11,000	Rs. 4,000	Rs. 3,500	
1st July - 24th Oct 2024	Rs. 7,000	Rs. 12,000	Rs. 5,000	Rs. 3,500	
SPOT Registration	Rs. 8,000	Rs. 14,000	Rs. 6,000	Rs. 3,500	

#### www.imayelahanka.com



#### Venue : Reva University, Yelahanka, Bengaluru

**For Further Details Contact** 

Organising Chairman

Dr. Y.M. Venkatesh

98456118<u>56</u>

Organising Secretary
Dr. K.G. Shankarnarayana
9845065527

Organising Joint Secretary

Dr. V. Suri Raju

99020 11037

Chairman, Scientific Committee
Prof. Dr. M. Pavankumar
99647 77846



# 90 MEDICON

IMA Karnataka State
Annual Medical Conference
2024 Host - IMA Yelahanka Branch



25th - 27th October, 2024



Name as to be printed on certificate	
Mobile Number :	
Email :	
Gender :	
Age:	
Hospital / Institution name :	
Postal Address : City : State : Country :	
Food Preference : Veg/Non Veg	
Medical Council :	
Reg No.:	
IMA Branch Name :	
Category :	
IMA Member (Single Delegate)	
IMA Member (Couple Delegate)	
Post Graduate	
Spouse (Non-Member) :	
Amount :	
Mode of Payment	
Cheque/UTR/Ref no	

Signature



#### INDIAN MEDICAL ASSOCIATION KARNATAKA STATE BRANCH

Digital Software Sub-Committee Presents:

IMA Karnataka's - DOCCHOICE

A Clinic & Hospital Software - Developed by the Doctors for the Doctors





naugurated and launched in 89th MEDICON at Bida by Dr. R. V. Asokan, National President Elect, IMA HQ

Tips for reducing cost - Avoid Demanding physical Demo As One can avail all training by online demo sessions only

Forth nightly online training sessions for all members on software and its applications.



Please Scan the above OR Code for Registration, Installation and **Payments** 

#### SOFTWARE DETAILS

#### **CLINIC BASIC**

#### **FEATURES**

- Appointments
- Token System / OPD Billing
- Insurance / Corporate
- Doctor Schedule
- Prescription
- **OPD Case Sheet**
- Financial Reports



Single Specialization

#### **CLINIC PLUS**

#### **FEATURES**

- **Appointments**
- Token System / OPD Billing
- Insurance / Corporate
- **Doctor Schedule**
- Prescription
- **OPD** Case Sheet
- Basic Lab
- Financial Reports

Pharmacy: Add on Package 1000.00 + GST / One time 500.00 + GST / Year



**Single Specialization** 

#### **CLINIC PRO**

#### **FEATURES**

- **Appointments**
- Token System / OPD Billing
- Insurance / Corporate
- Doctor Schedule
- Prescription
- **OPD Case Sheet**
- Basic Lab
- **Financial Reports**

Pharmacy: Add on Package 1000.00 + GST / One time 500.00 + GST / Year



**Multiple Specialization** 

#### HOSPITAL BASIC

#### **FEATURES**

- Basic OPD
- Basic IPD
- Basic Labs
- Discharge Summary
- Financial Reporting
- Additional Charges based on Service and Modules

Plus GST

#### **HOSPITAL PLUS**

#### **FEATURES**

- Basic OPD
- Basic IPD
- Basic Labs
- Discharge Summary
- Financial Reporting
- Additional Charges based on Service and Modules

1000 Rs / sp after 2nd specialization

Plus GST 9000.00

#### Prof. Dr. Srinivasa S

President

#### Dr. P. B. Karunakara

Hon. State Secretary

#### **HOSPITAL PRO**

#### **FEATURES**

- Basic OPD
- Basic IPD
- Basic Labs
- Discharge Summary
- Financial Reporting
- Additional Charges based on Service and Modules

1000 Rs / sp after 2nd specialization

Plus GST 8000.00 10000.00

#### Prof. Dr. Jaspalsingh H. Tehalia

Chairman Digital Software Sub-Comm.



**IMA KSSS** 

## **IMA'S KARNATAKA SOCIAL SECURITY SCHEME**

IMA House, Bailappanavar Nagar, Hubballi-29 Ph.: 0836-2355656 https://www.imakssshubli.org

Respected Members,

Earlier our web was http://www.imakssshubli.org, but now it is https://www.imakssshubli.org you can clear the browser history in the settings and open the above link.

ENROLL YOUR MEMBERSHIP FOR IMA KSSS OLD EXISTING & SILVER JUBILEE SCHEME

"EACH ONE GET ONE"

#### ADMISSION FEE STRUCTURE FOR OLD EXISTING & NEW SILVER JUBILEE SCHEME

Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs. 17700/-	Rs. 18200/-	Rs. 18700/-	Rs. 28700/-	Rs. 31700/-	Rs. 36700/-	Rs. 44700/-
Fee for Silver Jubilee Scheme	Rs. 20700/-	Rs. 22700/-	Rs. 24700/-	Rs. 31700/-	Rs. 38700/-	Rs. 47200/-	Rs. 57700/-

It Includes Subscription, Registration, Membership Contribution, AFC & in Silver Jubilee Scheme Includes Group Accident Benefit
\*IMA KSSS New Membership Tariff Effective from 01-04-2023\*

Recent death claim in Old Existing Scheme – Rs. 19,32,000/-Recent death claim New Silver Jubilee Scheme – Rs. 61,62,500/-







Dr. Yogananda Reddy.Y.C. Chairman Mo: 9844085120

Dr. Sachin Revankar Secretary Mo: 9880250083

**Dr. Soumya Y.J.**Joint Secretary
Mo: 9845222245

**Dr. Anandravi B.N.**Joint Secretary
Mo: 9845192351

**Dr. Maheshkumar S.**Treasurer
Mo: 9341738405

Kindly visit our website- www.imakssshubli.org

IMA House, Bailappanavar Nagar, Hubballi-29 Phone no. 0836-235 56 56

#### IMA KPPS

## IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

IMA House, Alur Venkata Rao Road, Chamarajpet, Bengaluru 560 018 Reg. No.DRB-2/SOR/179/2019-20

Email: imakpps@gmail.com | Phone No 080 -26705447, 8197330598

#### **NEW SCHEME**

# • FINANCIAL ASSISTANCE CLAIM (INDEMNITY) AMOUNT UP TO RS. 1 CRORE (ONE CRORE)

- All the existing members will be upgraded to New Scheme after receiving the new application and request letter after adjusting the balance payment.
- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

#### FEE DETAILS-From 01-10-2023

a)	a) Fee details for the 1st year (admission contribution)					
	Admission fee		Rs. 100/-			
	Annual subscription Fee		Rs. 2000/-			
	Advance fraternity contribution		Rs. 1000/-			
		Total GST 18%	Rs. 3100/- Rs. 600/-			
		<b>Grand Total</b>	Rs. 3700/-			
b)	Fee details for subsequent years					
	Annual subscription fee Demand fraternity contribution GST 18% on the demanded amount		Rs. 500/- Decided and	intimated that year *		

<sup>\*</sup>Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

Dr. Honnegowda
Chairman
M. 9448118299

Dr. N. Dhanapala
Hon. Secretary
M. 9342161266

M. 9448924466

#### Scan to download Membership application forms



IMA KSB APPLICATION FORM



IMA KSSS APPLICATION FORM



IMA KPPS APPLICATION FORM



IMA KSHS APPLICATION FORM



## **IMA'S KARNATAKA STATE HEALTH SCHEME**

imakshs@gmail.com www.imahealthscheme.org IMA KSHS

A doctors mutual health contribution scheme will give peace of mind in knowing that you are protected from most of these costs

Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

The Admission fee details is as follows

IMA KSHS NEW TARIFF WITH GST						
Age in Yrs	Admission Fee. For members / Spouse / Parents / Children (AF)	Annual Membership Subscription (AMS)	Annual Advance Premium Contribution (AAPC)	Total Amount. During Admission including 18% GST at the time of joining (1st Year)	Annual premium including 18% GST to be paid irrespective of Insurance claim (2nd Year onward) AMS+AAPC	
Children Below 25 Yrs	Rs. 700.00	Rs.500.00	Rs.2500.00	Rs. 3700.00 + 666 = 4366	3000 + 540 = 3540/-	
Below age of 35 Yrs But above 25 Yrs	Rs. 700.00	Rs.500.00	Rs.3500.00	Rs. 4700.00 + 846 = 5546/-	4000 + 720 = 4720/-	
Below age of 45 Yrs But above 35 Yrs	Rs. 1000.00	Rs.500.00	Rs.4500.00	Rs. 6000 + 1080 = 7080/-	5000 + 900 = 5900/-	
Below age of 55 Yrs But above 45Yrs	Rs. 1650.00	Rs.500.00	Rs.5500.00	Rs. 7650.00 + 1377 = 9027/-	6000 + 1080 = 7080/-	
Below age of 65 Yrs But above 55Yrs.	Rs. 2350.00	Rs.500.00	Rs.6500.00	Rs. 9350.00 + 1683 = 11033/-	7000 + 1260 = 8260/-	
Below age of 75 Yrs But above 65Yrs	Rs. 3100.00	Rs.500.00	Rs.7500.00	Rs. 11100.00+ 1998 =13098/-	8000 + 1440 = 9440/-	
Below age of 85 Yrs But above 75Yrs	Rs. 3800.00	Rs.500.00	Rs.8500.00	Rs. 12800.00 + 2304 = 15104/-	9000+ 1620 = 10620/-	

#### **LOCK IN PERIOD**

- All the Regular members and beneficiary members below the age of 60 on joining shall have the benefit of the scheme after 12 months of joining the scheme.
- All the Regular members and beneficiary members above the age of 60 on joining shall have the benefit of the scheme after 24 months of joining the scheme.
- NO CASHLESS SERVICE (Members have to pay their bills themselves & claim later). It is a reimbursement.
- No advance payment will be made to the members.
- Members will be given reimbursement of 75% of total amount of the bill not exceeding the sum limited to each disease.
- If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- A member will get a maximum of benefit of Rs.2 Lakhs in one year.

Chairman Dr Jambunath Gouda 094481 45035

Secretary Dr Madhusudhan K N 094481 40003 Treasurer Dr Hanumantappa A 99456 05974

Official Address : Dr. Jambunath Gouda, Kottureshwara MRI Scan Centre Near Little Heart School, Hosalli Road, GANGAVATHI-583227 | Ph.: 8618744511

## Swaranjali - 2024: A Melodic Triumph by IMA Hassan

Indian Medical Association Hassan in collaboration with Hassan Institute of Medical Sciences, proudly presented Swaranjali - 2024, a captivating Kannada Film Song Singing competition held under the auspices of IMA Karnataka State Branch on March 23rd and 24th, 2024. This pioneering event welcomed participation from esteemed IMA members, their spouses, medical students, interns, and postgraduates, marking a remarkable milestone as the first of its kind under the IMA banner. We extend our heartfelt gratitude to IMA KSB for entrusting us with the opportunity to host this event in our district.

The groundwork for Swaranjali commenced in January 2024, with meticulous planning and execution. Following rigorous online auditions, contestants progressed through exhilarating quarter-finals, gripping semi-finals, culminating in a mesmerizing grand finale held in Hassan. Witnessing the enthusiastic participation of music aficionados within our medical community filled us, as organizers, with immense joy and pride.

Distinguished judges, each boasting over two decades of expertise in the realm of music, presided over the quarterfinals and semi-finals. For the grand finale, we were honored to welcome esteemed personalities from the Sandalwood industry: Mr. V Nagendra Prasad, renowned lyricist, along with vocalists Mrs. Nagachandrika Bhat and Mrs. Shruthi Prahalad. The entire finale was broadcasted live on YouTube, garnering over four thousand views to date.

The inauguration ceremony, held on March 24th, served as a pre-finale event graced by the presence of IMA Karnataka State Branch office bearers alongside esteemed leaders from HIMS, Hassan. Attendees included participants' family members, IMA Hassan members, HIMS faculty and students, as well as representatives from the press and local dignitaries.

Dr. Santosh SV. Director and Dean of Hassan Institute of Medical Sciences, inaugurated the ceremony, with Dr. Srinivas, President of IMA Karnataka State Branch, as the Chief Guest, and Dr. Devadasu HR, President of IMA Hassan, presiding over the event. Notable dignitaries including Dr. Karunakara BP, Secretary of IMA Karnataka State Branch, and Dr. Savithri A. Vice President of IMA Karnataka State Branch, Dr Shivkumar Lakkol - Immediate Past President IMA KSB, Dr Venkatachalpathy - Joint Secretary, IMA National Headquarters, Dr Honnegowda - Chairman Karnataka Professional Protection Scheme, Dr Madhusudan Kariganur Chairman Rules & Bye Laws Committee, Dr Dinesh Byregowda Secretary IMA Hassan, Dr Chennaveerappa Incharge Medical Superintendent HIMS, Dr Kumar S R - Chairman Cultural Committee IMA Hassan, Dr Shweta Nadig - Treasurer IMA Hassan were present on the dias

The culmination of two days of spirited competition in the grand finale left an indelible mark on both participants and organizers alike. We express our sincere hope for continued support from IMA KSB, fostering traditions akin to the annual sports events, to nurture the musical talents thriving within our fraternity.

#### Winners of Swaranjali 2024:

#### Category A - Students/Interns/PGs:

1st Prize - Nihal Prakash (MIMS, Mandya) 2nd Prize - Adwaith Goswami (HIMS, Hassan)

#### Category B - < 35 years:

1st Prize - Dr. Santosh Kumar Hammigi (IMA Bengaluru) 2nd Prize - Dr. Muthuraj (IMA Hassan)

#### Category C - 35-50 years:

1st Prize - Dr. Vijay Kumar Shet (IMA Udupi Karavali) 2nd Prize - Dr. Varsha Hoogar (IMA Mysuru)

#### Category D - > 50 years:

1st Prize - Dr. Ramnath (IMA Hassan) 2nd Prize - Dr. Srinivas Murthy (IMA Mysuru)

#### Category E - Spouse of IMA Member:

1st Prize - Dr. Hema Deepak (IMA Hassan) 2nd Prize - Mrs. Mangala Aradhya (IMA Hassan

# ವೈದ್ಯರು–ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಕನ್ನಡ ಚಲನ ಚಿತ್ರ ಗೀತೆಗಳ ಸ್ವರಾಂಜಲಿ ಕಾರ್ಯಕ್ರಮ

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘ. ಕರ್ನಾಟಕ ಶಾಖೆ ಪತಿಯಿಂದ ವೈದ್ರರು ಹಾಗೂ ದೈದ್ಯಕೀಯ ವಿದ್ಯಾರ್ಥಿಗಳಿಗಾಗಿ ಸರಾಂಜಲಿ ಹೆಸುನಲ್ಲಿ ರಾಜ್ಯಮಟ್ಟರ siga usunus, hatny nijir ಹಮಿಕೊಳಲಾಗಿದೆ ಎಂದು ಐಎೆಂಎ ಹಾಸ್ಟ್ ಶಾಖೆ ಅಧ್ಯಕ್ಷ ಡಾ.ದೇವದಾಸು 140 ಮಂದಿ ಗಾಯಕ ವೈವೃರು ಹೆಚ್.ಆರ್.ಸಿಳಸಿದರು

ಪುದ್ರಿಗೋಸಿಯಲ್ಲಿ ಅಂದು ಮಾಹಿತಿ ನೀಡಿದ ಅವರು, ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘ ಹಾಸನ ಶಾಖೆ, ಆಶ್ರಯದಲ್ಲಿ कार्यर ಮೂ.23,24 ರಂದು ಓದು ಅವರಣ ದಲಿ ಏರ್ಪಡಿಸಲಾಗಿದೆ ಎಂದರು.

ಸುವರ್ಣ ಕನಡ ರಾಜ್ಯೋಕದ ಸವಿ ನೆನಪಿನಲ್ಲಿ ಎರಡು ವಿನಗಳ ಈ ವಿಶೇಷ ಕಾರ್ಯಕ್ರಮ ಅಯೋಜಿಸಲಾಗುತ್ತಿದೆ. ಹಾಡುವ ಆಕೆ ಇರುವವರಿಗೆ ವೇರಿಕೆ ಕಲಿಸಿಕೊಡಬೇಕು. ಅವರಿಗೆ ಉತ್ತೇಜನ ಸಧಾಯಲಿ ನೀಡಿ ಸೂರ್ತಿ ತುಂಬಬೇಕು ಎಂಬುದು ಸರಾಯಲಿ ಉದೇಶ ಎಂದು ತಿಳಿಸಿದರು. ಕರೋಕಿಯಲ್ಲಿ ಕನಿಷ್ಣ ಮೂರು BADIE, ESTA LAUSTRIS, TRAININGS ಹಾಡಬೇಕು. ಎಲ್ಲರಿಗೂ ಪ್ರವೇಶ



ಉಚಿತವಾಗಿ ಇರಲಿದೆ ಎಂದ ಅವರು, ಈಗಾಗಲೇ ರಾಜ್ಯದ ವಿವಿಧೆಡೆಗಳಂದ works Comparted discount ಮಾಡಿಕೊಂಡಿದ್ದಾರೆ ಎಂದರು.

Last Editor on.art.a. ಸಂತೋಹ್ ಮಾತನಾಡಿ, ಈಗಾಗಲೇ ರೋಹಗಳ ಚುನಾವಣೆ ಘೋಷಣೆ ಯಾವುದೇ ರಾಜಕಾರಣಗಳಿಗೆ ಆಹಾನ ನೀಡಿಲ್ಲ. ಜೊತೆಗೆ ಜಿಲ್ಲಾಧಿಕಾರಿ ಅದರಿಗೆ ಕಾರ್ಯಕ್ರಮ ಆಯೋಜನೆಗೆ ಅನುಮತಿ ಪಡೆಯಲಾಗಿದೆ ಎಂದು ಹೇಳಿದರು.

ಮಾ.13 ರಂದು ಬೆಳಗ್ಗೆಯಂದಲೇ SOUTH ID ಆರಂಭವಾಗಲಿದೆ. 14 ರಂದು ಸಂಚೆ a nostri केंद्रा वर्तर व्यवस्थिता । ಉದಾಟನೆ ಜೊತೆಗೆ ಪ್ರಶಸ್ತ ಪ್ರದಾನ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಲಿದೆ.

Last Aderse make Acer

ರಾ.ಸಂಶೋಷ್ ಎಸ್.ವಿ. ಉಪಾಟಕ ನೆರವೇರಿನಲಿದ್ದು, का संद ದಾರ್ಥ ಗಣಗಾಭಿಕರ ಶಾಖೆ ಅಧ್ಯಕ್ಷ ಡಾ.ಎಸ್.ಶ್ರೀನಿವಾಸ್ ಶಾಖೆಯ ಗೌರವ ಕಾರ್ಯದರ್ಶಿ ಡಾ.ಬಿ.ಪಿ.ಕರುಗಾಕರ, ಉಪಾಧ್ವಕರಾದ ರಾ.ಪರರ ಕುದೂರ್. ರಾ.ಸಾವಿತಿ ವಿ. ಖರಣಕರತ ಡಾ.ವಿಜಯಗಾರತಿ ಹಾಗೂ ಜಎಂಎ ಜಂಟಿ ಕಾರ್ಯವರ್ತಿ IR 40. detinoscità. ಓಮ್ ಕ್ಯಾಂಕುಕಾಲರಾದ ಡಾ.ಬಿ.ಸಿ. ರವಿಕುಮಾರ್. ಹಿಮ್ ಮುಖ ಆಡಳತಾಧಿಕಾರಿ ರೇಖಾ, ಅರ್ಥಿಕ ಸಲಹೆಗಾರ ಅರೋಕ್, ಜಿಲಾ ತಸ ಚಿಕಿತಕ ಡ್ಯಾಲೋಕೇಶ್ ಹೆಚ್.ಸಿ ಮತ್ತು ವೈದ್ಯಕೀಯ ಅಭೀಕಕ ಡಾ.ವಿ.ಆರ್. ಕೃಷ್ಣಮೂರ್ತಿ ಉಪಸ್ವತರಿರುವವರು Acto abrotto.

# Swaranjali - 2024 : A Melodic Triumph by IMA Hassan











































## Swaranjali - 2024 : A Melodic Triumph by IMA Hassan









## Online Program by Public health Committee

#### "Role of women in Politics"



Webinar on "Role of women in politics" Talk by Ms Bhagirathi Murulya, MLA, Sullia, D.K.

#### Cancer Awareness Day



Talk on "Cancer awareness program" by Dr Appaji Gowda.



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#### 874th State Working Committee Meeting @ Kollegala - 10.03.2024











#### IMA-KSB President participated in BGS Global Institute of Medical Science Graduation Day-2024









National President Dr. R.V. Asokan visit to IMA-KSB on 07.03.2024

#### **Indian Medical Association**

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